



NEW  
INNOVATIONS

EVIDENCE  
BASED PRACTICE

BENCH  
MARKED BEST  
PRACTICES

STAND OUT  
FROM THE REST

NUTRITION  
CARE PROCESS

LEARN FROM  
DYNAMIC EXPERTS  
OPPORTUNITIES  
TO NETWORK  
STAY AHEAD

KNOWLEDGE  
SHARING  
PRACTICE  
BASED EVIDENCE

# BUILDING EXCELLENCE & NOT ISLANDS OF KNOWLEDGE



8<sup>th</sup> Apollo  
**INTERNATIONAL  
CLINICAL NUTRITION  
UPDATE - 2016**



Translating Evidence Based Knowledge  
to Clinical Nutrition Practice

COLOMBO, SRI LANKA - 13<sup>th</sup> & 14<sup>th</sup> AUGUST, 2016

[www.clinicalnutritionupdate.in](http://www.clinicalnutritionupdate.in)

# 8<sup>th</sup> APOLLO INTERNATIONAL CLINICAL NUTRITION UPDATE - 2016

COLOMBO, SRI LANKA - 13<sup>th</sup> & 14<sup>th</sup> AUGUST, 2016

## Apollo Hospitals Group

Apollo Hospitals is the forerunner of integrated healthcare in Asia, as well as globally. Today, the group's futuristic vision has ensured that it has been in a position of strength at every touch point of the healthcare delivery chain. Its presence encompasses over 9,500 beds across 65 hospitals, more than 2500 pharmacies, over 100 primary care & diagnostic clinics, 125 telemedicine units across 9 countries, health insurance services, global projects consultancy, 15 academic institutions and a Research Foundation with a focus on global clinical trials, epidemiological studies, stem-cell and genetic research.

## Evolution of AICNU

The Department of Dietetics, Apollo Hospitals Group organizes an annual conference to provide a great platform and distinguished opportunity to healthcare professionals in order to highlight the latest advancements and challenges in the field of Clinical Nutrition. The success of the past 7 AICNUs at various regions in India has helped us progress to the 8<sup>th</sup> AICNU to be held at Colombo, Sri Lanka. The annual AICNU is designed to provide healthcare practitioners with an understanding of the central role of nutrition in health care setting.

## About AICNU 2016, Colombo, Sri Lanka

The Annual AICNU provides an opportunity to discuss, explore, share, and learn new advancements in the fields related to better healthcare strategies. This Conference will highlight some of the most important topics that cover prominent features of better healthcare and aims at improving the knowledge of nutrition professionals towards better clinical nutrition practice. The 8<sup>th</sup> Annual AICNU Conference 2016 is scheduled to be held at Hotel Cinnamon Lakeside, Colombo, Sri Lanka, on 13<sup>th</sup> and 14<sup>th</sup> August, 2016.

## Objectives

- Incorporate nutritional information into clinical practice and advise patients about eating for optimum health as well as using dietary change as a therapeutic intervention
- Evaluate the benefits and risks of nutritional recommendations for specific health conditions through an analysis of the existing scientific and clinical evidence.
- We anticipate to gather a great deal of useful information from the attending pool of experts

## Theme

“Building Excellence & not Islands of Knowledge”

## When and Where ?

13<sup>th</sup> & 14<sup>th</sup> AUGUST, 2016  
Hotel Cinnamon Lakeside,  
117, Sir Chittampalam A. Gardiner Mawatha,  
Colombo 02, Sri Lanka.  
T: +94 - 11 - 2306600  
F: +94 - 11 - 2472115

We are confident that the 8<sup>th</sup> AICNU will be the International destination to exchange nutrition expertise.



## Chief Patron Message

“Building Excellence & not Islands of Knowledge”

Like the Charles Dickens’ novel, Indian healthcare tells two stark tales – where we are good, we are exceptional; and where we lag, we are abysmal. I stress upon dichotomy because of the strong resonance it has with the theme for this year’s conference. To move beyond pools of excellence and strive towards universal excellence, strikes at the very heart of our dichotomy.

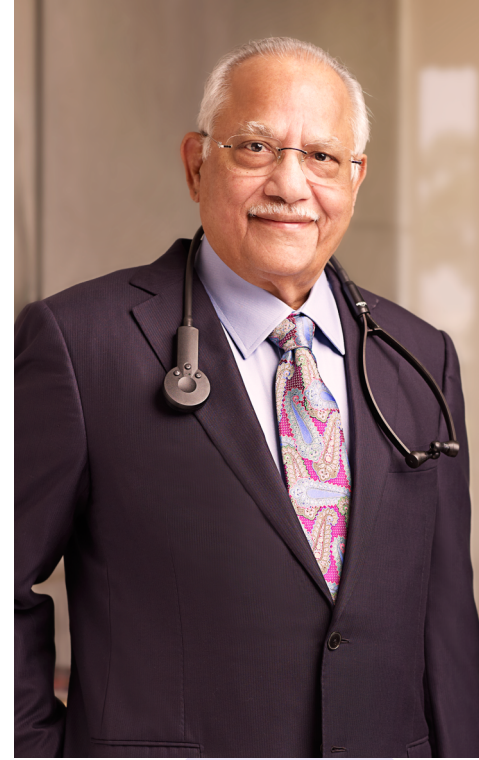
I would like to congratulate The Department of Dietetics, Apollo Hospitals Group for putting together Apollo International Clinical Nutrition Update 2016 (AICNU). The past 7 editions witnessed international participants who shared and took back learnings to their respective countries, while this year, the 8<sup>th</sup> edition, the event has gone international. AICNU has always stood for its supreme level of commitment for quality in knowledge sharing.

My personal appreciation to the 350+ delegates from 10 countries who have chosen to participate in this event to learn and share knowledge with the stalwarts and peers in this space. I wish you two days of intellectual simulation and powerful collaboration. Better Nutrition fuels healthier individuals, which leads to healthier societies and nations; together we can build a healthier tomorrow.

With best personal regards,

**Dr. Prathap C Reddy**

Chairman, Apollo Hospitals Group



**Dr. Prathap C Reddy**  
Executive Chairman  
Apollo Hospitals Group



**Dr. Bhuvaneshwari Shankar**

Organising Chairperson , AICNU 2016

## Organising Chairperson

Dr. Bhuvaneshwari Shankar is the Vice President (Dietetics) and Group Chief Dietitian for the Apollo Hospitals Group. She has 34 years of Experience as a Dietitian.

She has been with the Apollo Hospitals for the last 32 years and has been instrumental in raising the Clinical Nutrition standards of the Apollo Hospitals to an appreciably high level of patient rating. She had been the organising chairperson for the past 7 AICNU’s.



## CHIEF PATRON

**Dr. Prathap C. Reddy,**

Executive Chairman, Apollo Hospitals Group

## PATRONS

**Dr. Preetha Reddy,**

Vice Chairperson, Apollo Hospitals Group

**Ms. Suneeta Reddy,**

Managing Director, Apollo Hospitals Group

**Ms. Shobana Kamineni,**

Vice Chairperson, Special Initiatives , Apollo Hospitals Group

**Ms. Sangita Reddy,**

Joint Managing Director, Apollo Hospitals Group

## Organising Chairperson

**Dr. Bhuvaneshwari Shankar**

Group Chief Dietitian,

Vice President - Dietetics, Apollo Hospitals Group

## Organising Committee

All the Lead Clinical Dietitians of

Apollo Hospitals Group.

## Registration details

Online registration is open on the conference website [www.clinicalnutritionupdate.in](http://www.clinicalnutritionupdate.in).

## Delegate Registration Fee

S.No.	Delegate	Early Bird (until July 1 <sup>st</sup> 2016)	Full Fee (After July 1 <sup>st</sup> 2016)	Spot Registration on 13 <sup>th</sup> August 2016
1.	Doctors	US\$ 100	US\$ 150	US\$ 200
2.	Dietitians / Students Accompanying	US\$ 50	US\$ 100	US\$ 150
3.	Persons ( all ages )	US\$ 70	US\$ 70	US\$ 70
4.	Exhibitors	US\$ 100	US\$ 100	US\$ 100

**Accommodation details :** We are providing the best accommodation and transport services, plus registration assistance to the participants of AICNU 2016, to make the whole experience memorable and trouble-free.

For more information on Registration, Accommodation, Airport transfers, Extended tours contact our Hospitality Partner :

Jet Wing Events, Mr. Shirosh Seneviratne / Email id: [shirosh@jetwing.lk](mailto:shirosh@jetwing.lk) / Phone Number: +94777287801

Web Link : <http://www.jetwingevents.com/content/aicnu-2016-accommodation-transfers>

### Hospitality Partners:

**Jetwing**  
**EVENTS**  
SRI LANKA

**Connect with us :** Social media provides an easy way to stay connected with AICNU and to build relationships with your fellow attendees and healthcare professionals.

 Apollo-Dietitians-Forum  [apollodietitiansforum](http://apollodietitiansforum)

Connect with us and tell all of your friends and colleagues what they're missing!

## At a Glance AICNU 2016

- Scientific Sessions
- Original Abstract
- Poster Presentations
- Networking with eminent scholars and Nutritionists from neighboring countries

**See you in Colombo!!!**



# PROGRAMME AGENDA






Day 1 - 13<sup>th</sup> AUGUST 2016

TIME	TOPIC	SPEAKER	
7.30am	Registration		
8.00am	Inauguration		
08.30am	Nutritional Issues to be addressed in Liver Transplantation - Pre - Peri - Post Operative Phase	<b>Prof. Anupam Sibal</b>	Group Medical Director, Apollo Hospitals Group; Senior Consultant Paediatric Gastroenterology and Hepatology, Indraprastha Apollo Hospitals, New Delhi, Secretary General, GAPIO, Adjunct Professor of Paediatrics, University of Queensland, Brisbane, Australia
09.30am	Practical issues in nutritional intervention in the patients with cancer	<b>Dr. Vanessa Fuchs.T</b>	Chief of Clinical Nutrition, Research in Metabolism & Clinical Nutrition in Oncology, Mexico General Hospital, Mexico
10.30am	Morning Refreshment & Poster Viewing		
11.00am	Optimizing the Energy and Protein in ICU	<b>Dr. Jonathan Tan</b>	Senior Consultant, Department of Anaesthesiology, Intensive Care and Pain Medicine, Director, Surgical Intensive Care Unit, Tan Tock Seng Hospital, Singapore
12.00N	Parenteral Nutrition – A to Z	<b>Prof. Ramakrishnan. N</b>	Senior Consultant in Critical Care & Sleep Medicine and Director, Critical Care Services, Apollo Hospitals, Chennai; Adjunct Professor, Tamil Nadu Dr. MGR Medical University & Apollo Hospitals Education & Research Foundation
12.45pm	Planning of Pediatric Parenteral Nutrition	<b>Dr. Sarath Gopalan</b>	Senior Consultant, Paediatric Gastroenterology & Hepatology, Indraprastha Apollo Hospitals, New Delhi; Executive Director, Center for Research on Nutrition Support Systems
13.00pm	Networking Lunch & Poster Viewing		
14.00pm	Kitchen-prepared blenderised feeds versus scientific enteral formulas for critically ill patients – What is the evidence?	<b>Dr. Krishnan Sriram</b>	Tele-Intensivist, Advocate Health Care, Oakbrook, Illinois, USA & Central Veterans Affairs Telemedicine System Formerly: Fellowship Program Director & Division Chair, Surgical Critical Care, Director, Nutrition Support Team, Stroger Hospital of Cook County, Chicago
15.00pm	A multidisciplinary approach to patient care: Connecting all the dots - The big picture	<b>Mr. Jacob Jacob</b>	Chief People Officer, Apollo Hospitals, Chennai
15.30pm	Evening Refreshment & Poster Viewing		
16.00pm	Nutrition for Frail Elderly	<b>Dr Dilhar N Samaraweera</b>	President of the Sri Lanka Association of Geriatric Medicine Consultant Physician, Base Hospital, Pimbura, Agalawatte
17.00pm	Estimating Gastric Residual Volume (GRV) in critically ill patients	<b>Dr. Luciana B. Sutanto</b>	President of Indonesian Nutrition Association (INA), Jakarta, Indonesia; CEO of Gladiol Women's & Children's Hospital, Magelang, Indonesia; Lecturer at Diponegoro University, Semarang and Kridawacana Christian University, Jakarta, Indonesia.



# PROGRAMME AGENDA

Day 2 - 14<sup>th</sup> AUGUST 2016

TIME	TOPIC	SPEAKER		
07.30am	Oral Presentation : AICNU Abstracts of Distinction			
08.30am	The role of Protein in Critically ill	<b>Prof. Pierre Singer</b>	Professor of Anesthesia and Intensive Care, Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel; Past President - ESPEN"	
09.30am	Is there a role for Oral Nutritional Supplement (ONS) in hospitalized patients?	<b>Dr. Krishnan Sriram</b>	Tele-Intensivist, Advocate Health Care, Oakbrook, Illinois, USA & Central Veterans Affairs Telemedicine System Formerly: Fellowship Program Director & Division Chair, Surgical Critical Care, Director, Nutrition Support Team, Stroger Hospital of Cook County, Chicago	
10.30am	Morning Refreshment & Poster Viewing			
11.00am	Using Motivational Interview for Behaviour Change in Patients' Dietary Habits	<b>Ms. Mary Easaw</b>	Senior Manager and Chief Dietitian Dietetics & Food services National Heart Institute, Kuala Lumpur, Malaysia American Overseas Dietetics Association Representative for Malaysia	
12.00 N	Cow's milk protein allergy – A case-based approach to nutritional intervention	<b>Dr. Sarath Gopalan</b>	Senior Consultant, Paediatric Gastroenterology & Hepatology, Indraprastha Apollo Hospitals, New Delhi; Executive Director, Center for Research on Nutrition Support Systems	
12.45pm	Nutritional Support in complications during pregnancy – Pre-eclampsia	<b>Dr. Luciana B. Sutanto</b>	President of Indonesian Nutrition Association (INA), Jakarta, Indonesia; CEO of Gladiol Women's & Children's Hospital, Magelang, Indonesia; Lecturer at Diponegoro University, Semarang and Kridawacana Christian University, Jakarta, Indonesia.	
13.30pm	Closing Ceremony, Networking Lunch & Poster Viewing			

## IMPORTANT INFORMATION

1. Registration cum help desk - Open from 12<sup>th</sup> August 2016, 2.00pm onwards
2. City tour for registered participants - Vehicle will start from the entrance of the conference venue on 12<sup>th</sup> August 2016, at 3.00pm. Kindly be on time to avoid disappointments.
3. Venues :
 

Conference	- King's Court
Stall & E - Poster Viewing	- Queen's Court
Morning & Evening Refreshment	- Poolside
Lunch	- Earl's Court
Gala Dinner ( For those pre-booked only)	- 8 degree Boat on 13 <sup>th</sup> August, 2016 at 7.30pm