

Clinical Nutrition Practice



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## **Apollo Hospitals Group**

Apollo Hospitals is the forerunner of integrated healthcare in Asia, as well as globally. Today, the group's futuristic vision has ensured that it has been in a position of strength at every touch point of the healthcare delivery chain. Its presence encompasses over 9,500 beds across 65 hospitals, more than 2500 pharmacies, over 100 primary care & diagnostic clinics, 125 telemedicine units across 9 countries, health insurance services, global projects consultancy, 15 academic institutions and a Research Foundation with a focus on global clinical trials, epidemiological studies, stem-cell and genetic research.

#### **Evolution of AICNU**

The Department of Dietetics, Apollo Hospitals Group organizes an annual conference to furnish a great rostrum and distinct opportunity to healthcare professionals in order to highlight the latest advancements and challenges in the field of Clinical Nutrition. The success of the past 8 AICNUs at various regions in India and the last one in Colombo, Srilanka has helped us accomplish and proceed in the knowledge sharing initiative.

On behalf of the organizing committee, we would like to invite you for the 9th Apollo International Clinical Nutrition Update (AICNU) 2017, which will be held for the 1st time in Mumbai, India. Today's Clinical Dietitians are challenged to stay abreast of current science in an ever-changing Clinical Nutrition environment to ensure their advice is grounded in the latest evidence. To address the need of healthcare professionals to be effective knowledge managers with ready access to timely, current and authoritative guidance on medical nutrition therapy questions encountered in every day clinical practice.

### About AICNU 2017, Mumbai, India

The Annual AICNU provides a platform to discuss, explore, share, and learn new advancements in the field of clinical nutrition related to better healthcare strategies. This conference will highlight some of the most important topics like nutrition in intestinal failure, oncology nutrition, hospital malnutrition and clinical nutrition research that cover prominent features of better healthcare and aims at improving the knowledge of nutrition professionals towards better clinical nutrition practice. The 9th Annual AICNU Conference 2017 is scheduled to be held at Hotel Lalit, Mumbai, India, on 3rd and 4th June, 2017. The scientific programme includes a wide range of lectures, debates, symposia, abstracts sessions, discussions, and presentations related to the field of clinical nutrition.





# **Objectives**

- Incorporate nutritional information into clinical practice and advise patients about eating for optimum health as well as using dietary change as a therapeutic intervention
- Evaluate the benefits and risks of nutritional recommendations for specific health conditions through an analysis of the existing scientific and clinical evidence
- We anticipate to gather a great deal of useful information from the attending pool of experts

## **Chief Patron Message**

#### "Connecting Evidence to Clinical Nutrition Practice" - AICNU 2017

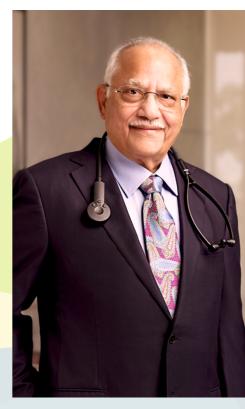
As dedicated members of a wholly patient-centric organization, the multispeciality clinical teams across Apollo Hospitals persevere relentlessly to introduce contemporary clinical procedures, innovative techniques of intervention and new ways to enhance patient recovery and satisfaction. As a case in point, for several years consecutively, Apollo Hospitals has been the world leader for its solid organ transplant programme and recently, the teams' have started performing intestinal transplants, a cutting edge procedure in Asia.

Nutrition across all phases, pre and post-transplant is critical for the procedure and speedy recovery of the patient. Hence I am very pleased that the Department of Dietetics, Apollo Hospitals has chosen this as subject as the focal topic for the AICNU 2017, which takes it beyond practice to translational research.

I must congratulate the organising team of Apollo International Clinical Nutrition Update for their passionate commitment over the last 8 years towards sharing knowledge and raising the bar in clinical nutrition, in our Country. I do commend the 500+ delegates from 10 countries who have chosen to participate in AICNU 2017 to learn from stalwarts and share their knowledge with peers.

My best wishes to all the delegates and speakers for two days of intellectual simulation and potent collaboration. Nutrition defines each of our health and wellbeing. Hence, it will be healthy individuals, healthy communities and healthy nations who will nurture a healthier tomorrow for the world!

God bless. With best wishes



Dr. Prathap C Reddy
Executive Chairman
Apollo Hospitals Group



Dr. Bhuvaneshwari Shankar Organising Chairperson , AICNU 2017

## **Organising Chairperson**

Dr. Bhuvaneshwari Shankar is the Vice President (Dietetics) and Group Chief Dietitian for the Apollo Hospitals Group. She has 35 years of experience as a Dietitian.

She has been with the Apollo Hospitals for the last 33 years and has been instrumental in raising the Clinical Nutrition standards of the Apollo Hospitals to an appreciably high level of patient rating. She had been the organising chairperson for the past 8 AICNU's.

#### **PATRONS**

#### **Chief Patron**

Dr. Prathap C. Reddy

Executive Chairman, Apollo Hospitals Group

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Vice Chairman, Apollo Hospitals Group

Ms. Suneeta Reddy

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Ms. Shobana Kamineni

Vice Chairman, Special Initiatives

Apollo Hospitals Group

Ms. Sangita Reddy

Joint Managing Director, Apollo Hospitals Group

#### **Organising Chairperson**

Dr. Bhuvaneshwari Shankar

Group Chief Dietitian, Apollo Hospitals Group

#### **Organising Committee**

All the Lead Clinical Dietitians of Apollo Hospitals Group

#### Research Abstracts

AICNU has always endeavoured to maintain high scientific standards in its conferences and to this end, the scientific committee comprising internationally reputed research experts, were given the responsibility of evaluating the 70 - 100 abstracts submitted for each conferences and appointing a panel of reviewers for each topic.

#### **General Information**

#### Date:

3rd June 2017

#### Time & Events:

10am - 12 Noon - Registration, AICNU Expo & E-Poster Hub opens

12Noon – 1pm – Networking Lunch

1pm - 1.30pm - Inauguration

## Special Interest Group (SIG) Session

This year we have SIG session on "Introduction to conducting research in practice" conducted by three clinical nutrition research experts, Dr. Maree Ferguson, Dr. Ekta Agarwal and Dr. Barbara Van De Meij from Australia.

Topic: Introduction to conducting research in practice

Delegate Registration Fee: Rs.500/-

Date and Time: 3rd June 2017, 6pm – 8pm Venue: Hotel Lalit, Andheri East, Mumbai.

# Programme Agenda 3<sup>rd</sup>June, 2017

TIME	TOPIC	FACULTY	
10.00am onwards	REGISTRATION & POSTER VIEWING		
12 Noon	Networking Lunch		
13.00pm	INAUGURATION		
13.30pm - 14.00pm	Session I - Immunonutrition: Is there a need? - A Debate		
Moderator	Dr. Prof. Anupam Sibal, Group Medical Director, Apollo Hospitals Group		
13.30pm	Immunonutrition: Is there a need? : Yes, there is.	Dr. Prof. Ramakrishnan. N Senior Consultant in Critical Care & Sleep Medicine Director, Critical Care Services, Apollo Hospitals, Chennai, Adjunct Professor, Tamil Nadu Dr. MGR Medical University & Apollo Hospitals Education & Research Foundation	
13.40pm	Immunonutrition: Is there a need? : No, there isn't.	Dr. Prof. Shishir Shetty Senior Surgical Consultant and Head - Oncology Services, Apollo Hospitals, Navi Mumbai	
13.50pm	Discussion		
14.00pm -15.30pm	Session II - An update on Intestinal Failure		
Moderator	Dr. Sarath Gopalan, Executive Director, CRNSS, P	aediatric Gastroentrologist, New Delhi	
14.00pm	Current approaches and emerging therapies in the management of Intestinal Failure	Dr. Prof. Darius F Mirza Professor HPB & Transplant Surgery Queen Elizabeth Hospitals, Birmingham Children's Hospital, NHS Foundation Trust, Birmingham Lead Consultant HPB and Transplant Surgery Apollo Hospitals, Navi Mumbai	
14.25pm	Adult Intestinal Failure treatment options : Case Scenario	Dr. Prof. Anil Vaidya Professor of Transplantation, Oxford University Senior Consultant, Multi-visceral Transplant Surgeon, Apollo Hospitals, Chennai	
14.50pm	Intestinal Failure in paediatrics: Case based approach	Dr. Girish Gupte Consultant Paediatric Hepatologist Birmingham Children's Hospital NHS Foundation Trust, Birmingham, England	
15.15pm	Q & A		
15.30pm - 15.45pm	Evening Refreshment		
15.45pm - 16.00pm	Abstracts of Distinction Combating Hospital Malnutrition   Ms. Daphnee D.K, Chennai		
16.00pm - 17.30pm	Session III - Hospital M	<b>Malnutrition</b>	
Moderator	Mr. Paul Bruhn, Nestle Ho	ealth Sciences	
16.00pm	Choosing the best adult Malnutrition Screening and Assessment tools	Dr. Maree Ferguson Director, Dietitian Connection Queensland, Australia	
16.40pm	Pathway to Optimal Nutrition Care: "What do the skeletons in the hospital closet eat?" - A Research Evidence	Dr. Ekta Agarwal Assistant Professor Master of Nutrition & Dietetic Practice Program, Bond Institute of Health and Sport, Faculty of Health Sciences & Medicine, Robina, Queensland, Australia	
17.20pm	Q & A		
17.30pm	End of Day 1		

# Programme Agenda 4<sup>th</sup>June, 2017

TIME		TOPIC	FACULTY		
9.00am - 10.40am	Session IV - Oncology Nutrition				
Moderator	Dr. Rajeev Joshi, Saifee Hospital, Mumbai				
9.00am	Protein anabolic	resistance in Cancer: Does it really exist?	Dr. Barbara S van der Meij Conjoint Senior Research Dietitian Mater Health Services, Brisbane, Australia		
9.45am	Nutrition in Surg	gical Oncology Patients - Doctor's Perspective	Dr. Vijaya Patil Professor, Department of Anesthesiology Critical Care & Pain, Tata Memorial Hospital, Mumbai		
10.15am	Nutrition in Surg Perspective	gical Oncology Patients - Dietitian's	Mr. Shiv Shankar Senior Dietitian Tata Memorial Hospital, Mumbai		
10.30am		Q & A	i A		
10.40am-10.55am	Morning Refreshment				
10.55am - 11.15am	Abstracts of Distinction Effectiveness of six months weight loss program   Ms. Vatana a/p V.Sundar, Malaysia Obesity and Sleep   Ms. Hema Deenadayalan, Chennai				
11.15am - 12Noon	Session V - The Art of Mentoring				
Moderator		Dr. Jagmeet Mad <mark>an, S.V.T. College c</mark>	of Home Science, Mumbai		
11.15am	The art and scie competency and	nce of mentoring Dietetic professionals for d succession	Ms. Mary Easaw Senior Manager & Chief Dietitian Dietetics & Food services National Heart Institute, Kuala Lumpur, Malaysia American Overseas Dietetics Association Representative for Malaysia		
11.50am		Q & A			
12Noon - 13.00pm	oster Viewing				
13.00pm - 14.00pm	Session VI - Carbohydrate Counting				
Moderator		Dr. Anuradha Shekhar, Dr. BMN Colleg	e of Home Science, Mumbai		
13.00pm	Advanced Carbo	ohydrate Counting and Insulin Dosing	Dr. Kalpana Dash Chief of Diabetes & Endocrinology Apollo Sugar Clinics Ltd, Raipur & Bilaspur Senior Consultant, Endocrinologist Apollo Hospitals, Bilaspur Professor of Endocrinology, Apollo Hospitals Education & Research Foundation, Orissa, India		
13.30pm	Carbohydrate C	ounting : Case Scenario	Ms. Champa. V HOD Dietetics Department Apollo Hospitals, Bilaspur		
13.50pm		Q & A			
14.00pm - 14.30pm	Abstracts of Distinction  Efficacy of volume v/s rate based feeding in ICU patients   Ms. Pooja Lakhani, Mumbai  Psyllium Husk enriched Nutribars - A boon for knee replacement   Ms. Ananya Konar, Bangalore				
14.30pm - 15.30pm		Session VII - Expert insight: Nu	trition in Chylothorax		
Moderator		Dr. Vijay Yewale, Apollo Ho	ospitals, Mumbai		
14.30pm	Chylothorax: To	feed or not to feed and what to feed	Dr. Rajiv Redkar Consultant Pediatric Surgeon Apollo Hospitals, Navi Mumbai		
15.00pm	Chylothorax : Ca	ase Scenario	Ms. Lekha.V.S HOD Dietetics Department Apollo Children's Hospital, Chennai		
15.20pm	Q & A				
15.30pm - 16.00pm	Evening Refreshment				

# Programme Agenda 4<sup>rd</sup>June, 2017

TIME	ТОРІС	FACULTY		
16.00pm - 16.40pm	Session VIII - Nutrition in Trauma			
Moderator	Dr. Subhadra Mandalika, Nirmala Niketan - College of Homescience, Mumbai			
16.00pm - 16.30pm	Addressing the challenges and optimizing nutrition therapy in trauma	Dr. Fiji Antony Chief Clinical Dietitian & HOD Dietetics Department NMC Specialty Hospital, Dubai, United Arab Emirates		
16.30pm	Q & A  VOTE OF THANKS  AICNU-2017 CONCLUDES			
16.40pm				
16.45pm				

## **Registration Details:**

Online Registration is open on the conference website www.clinicalnutritionupdate.in.

## **Delegate Registration Fee**

S.No.	Delegate	Early Bird (until April 30th 2017)	Full Fee (from May 1 <sup>st</sup> 2017)	Spot Registration on 3 <sup>rd</sup> June 2017
1.	Dietitians / Dietetics Students Accompanying Persons ( all ages ) Exhibitors	Rs. 3000	Rs. 3500	Rs. 4000
2.		Rs. 3500	Rs. 3500	Rs. 3500
3.		Rs. 3500	Rs. 3500	Rs. 4000

### **Event Partners:**

We are providing the best accommodation to the participants of AICNU 2017, to make the whole experience memorable and trouble-free.

Mr. Vijay Bahukhandi Mobile No.08527472276 E-Mail: vijay@deecatalyst.in



### **Media Partners:**

AICNU 2017 is pleased to have the support of **Apollo Medvarsity** as media partner.

