



**15<sup>th</sup> Apollo  
INTERNATIONAL  
CLINICAL NUTRITION  
UPDATE - 2023**

Translating Evidence Based Knowledge  
to Clinical Nutrition Practice



23<sup>rd</sup> & 24<sup>th</sup> SEPTEMBER, 2023,  
HOTEL NOVOTEL, GOA



Apollo Hospitals has emerged as Asia's foremost integrated healthcare services provider and has a robust presence across the healthcare ecosystem. The cornerstones of Apollo's legacy are its unstinting focus on clinical excellence, affordable costs, modern technology and forward-looking research & academics. Apollo Hospitals was among the first few hospitals in the world to leverage technology to facilitate seamless healthcare delivery through electronic medical records, hospital information systems and telemedicine-based outreach initiatives. Since its inception, Apollo Hospitals has been honoured by the trust of over 150 million individuals who came from 140 countries. At the core of Apollo's patient-centric culture is TLC (Tender Loving Care), the magic that inspires hope amongst its patients.

## Evolution of AICNU

The Department of Dietetics, Apollo Hospitals Group organizes an annual conference for the convergence of translational research and implementation science which is a distinct opportunity for the Dietetic professionals to highlight the latest advancements and challenges in the field of Clinical Nutrition. The success of the past fourteen AICNUs at various states of India and Sri Lanka had helped us accomplish and proceed in the knowledge sharing initiative.

On behalf of the AICNU organizing committee, it gives us immense pleasure to invite you to the to the CRYSTAL (15th) year of AICNU 2023 - The 1st residential colloquium to be held at Goa, the most popular beach destination of India and the renowned land of Sun, Sea, and Sand. The field of nutrition continues to evolve and grow making it essential to bridge the skill gap. Our AICNU2023 aims to provide an exclusive platform for Clinical Dietitians/ Nutritionists to learn, understand, and discuss cutting-edge nutrition therapies by collaborating with global nutrition professionals and experts. This colloquium helps to translate newly acquired, accumulated, evaluated, and appraised knowledge and experience to revitalize Clinical Nutrition practice. The learning capsules of AICNU 2023 will encourage dialogues between the global experts and delegates fostering the growth of Clinical Dietitians and organizational performances.

The theme of AICNU 2023 - "CRYSTAL - Collaborate, Revitalize, analyze, Study, Train, Assimilate, Learn with Global experts" shall be much diversified and shall encompass many facets related to Clinical Nutrition.



**CRYSTAL**  
WITH GLOBAL EXPERTS



### **Chief Patron**

**Dr. Prathap C. Reddy**  
Chairman,  
Apollo Hospitals Group

### **Patrons**

**Ms. Preetha Reddy**  
Executive Vice Chairperson,  
Apollo Hospitals Group

**Ms. Suneeta Reddy**  
Managing Director,  
Apollo Hospitals Group

**Ms. Shobana Kamineni**  
Executive Vice Chairperson,  
Apollo Hospitals Group

**Ms. Sangita Reddy**  
Joint Managing Director,  
Apollo Hospitals Group

### **Advisors**

**Dr. K. Hari Prasad**  
President,  
Apollo Hospitals Group

**Dr. Anupam Sibal**  
Group Medical Director,  
Apollo Hospitals

### **Organizing Secretaries**

**Ms. Anita Jatana**  
**Dr. Daphnee.D.K**

### **Joint Organizing Secretaries**

**Dr. Priyanka Rohatgi**  
**Ms. Ramya.S**

### **Core Organizing Committee**

**Ms. Harita Shyam.B**  
**Ms. Babita G Hazarika**  
**Ms. Lekha.V.S**  
**Ms. Champa.V**  
**Ms. Varsha Gorey**

### **Organizing Committee**

All the Lead Clinical Dietitians  
of Apollo Hospitals Group



## About AICNU 2023, Goa, India

The Annual AICNU provides a platform to deliberate, debate and discuss current challenges and learn new advancements to excel in the field of clinical nutrition. All sessions at the AICNU 2023 are designed for professional advancement. AICNU is a premier interdisciplinary scientific forum with internationally-recognized content experts to interact and exchange novel ideas and experiences on nutrition and health. AICNU 2023 provides opportunities to engage with the greatest minds in nutrition science from around the world. This conference will enlighten some of the key practical aspects of Critical Care, Diabetes, Metabolic Syndrome, Neurology, Oncology and Clinical Nutrition Research, that will help enhance clinical nutrition practice by improving the knowledge of nutrition professionals towards better healthcare of India.

The 15th Annual AICNU Conference 2023 is scheduled to be held at Novotel Goa Dona Sylvia Resort, Goa, India, on 23rd & 24th September, 2023. The scientific program includes a wide range of lectures, research abstract presentations, and discussions related to the field of clinical nutrition.



## Objectives

Attending the 15 AICNU 2023, you will:

- Amalgamate with transnational Dietetics fraternity
- Interact and get inspired by eminent global clinical nutrition experts
- Collaborate, learn and share the latest research insights
- Nourish and quench your thirst for knowledge
- Update and comprehend the current research evidences

## Theme

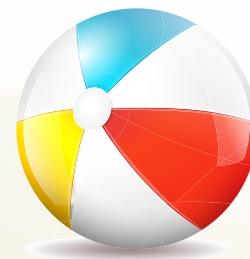
“CRYSTAL – Collaborate, Revitalize, analyze, Study, Train, Assimilate, Learn with Global experts”

## When and Where?

Date : 23rd & 24th September, 2023

Venue : Novotel Goa Dona Sylvia Resort,  
Cavelossim Beach, Mobor, 403731  
Goa - India

We are confident that the 15th AICNU 2023 will be an International destination to exchange nutrition expertise.



**CRYSTAL**  
WITH GLOBAL EXPERTS

**COLLABORATE**  
**REVITALIZE**  
**ANALYZE**  
**STUDY**  
**TRAIN**  
**ASSIMILATE**  
**LEARN**

**CRYSTAL with Global Experts will offer many interesting topics including the following:**

- Nutrition Assessment - A Hands-on session
- Nutrition in Critically ill - What's the latest?
- Nutrition Therapy for enhancing clinical treatment outcomes in Cancer patients



## Chief Patron Message

In the realm of healthcare, the passage of time is often marked by milestones of progress and innovation. This year, as we celebrate the 15th anniversary of the Apollo Hospitals Dietetic team's relentless commitment to knowledge sharing through the AICNU, we reflect upon a journey marked by continuous evolution and transformative impact.

AICNU, over the past decade and a half, has grown to become a cornerstone in the convergence of translational research and implementation science, uniting over 7000 nutrition professionals hailing from 12 different countries. This achievement stands as a testament to the unwavering dedication of the AICNU organizing committee in their pursuit of excellence in nutritional practice.

In this commemorative moment, I extend my heartfelt appreciation to the faculty members and the 600+ delegates for gracing the 15th AICNU in 2023 with their participation. Your presence exemplifies the global resonance and significance of this event.

In the backdrop of an alarming surge in non-communicable diseases (NCDs), it is imperative that our collective focus shifts towards the battle against malnutrition. Nutritional care, we have come to understand, not only serves as a potent preventive measure but also emerges as a critical factor in the disease prognosis and outcomes.

The 15th edition of AICNU, encapsulated under the theme "CRYSTAL - Collaborate, Revitalize, anaLYze, Study, Train, Assimilate, Learn with Global experts," underscores the ever-relevant pursuit of excellence in clinical nutrition. With the august faculty and innovative scientific sessions, this edition too, promises to be an invaluable platform for Clinical Dietitians and Nutritionists, an opportunity to glean insights into the latest trends in medical nutrition therapy, and to shape best practice guidelines through targeted nutritional interventions.

The landscape of Clinical Nutrition is evolving continuously on account of ground-breaking research and technological advancements. I have been a clinician for over six decades and cognizant of the critical importance of nutrition in patient care and recovery, I extend a resounding call to all the Dietitians and Nutritionists to persevere tirelessly in the quest for excellence.

Each of you must unlock your fullest potential, fortify your capabilities, and commit to a lifelong journey of learning. Professional development and knowledge-sharing should be your compass, and staying connected with peers and embracing new advancements, your mantra. By continually expanding your expertise, you are ensuring that your patients receive nothing less than the highest standard of care!

Remember that your active engagement is not merely an investment in your own growth but a precious resource for your teams, your institutions, and above all, your patients. Let us harness the transformative power of enhanced nutrition to nurture healthier societies and a happier world. In this noble endeavour, we find not just a milestone but a compass guiding us towards a brighter, healthier future.

**With best personal regards,**



**Dr. Prathap C Reddy**

Founder & Chairman, Apollo Hospitals Group







cordially invites you to the

**15<sup>th</sup> Apollo International  
Clinical Nutrition Update 2023**

**“Crystal with Global Experts”**

conducted by

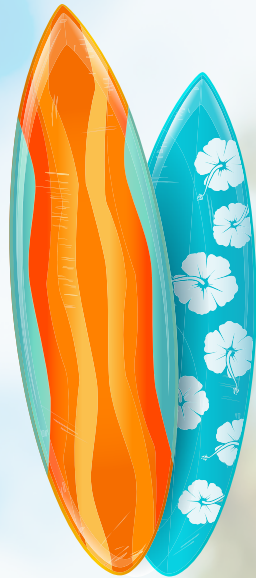
**Department of Dietetics,  
Apollo Hospitals Group**

Date: 23<sup>rd</sup> & 24<sup>th</sup> September, 2023

Venue : Novotel Goa Dona Sylvia Resort,  
Goa, India.

**15<sup>th</sup> Years of  
AICNU**

**CRYSTAL**  
WITH GLOBAL EXPERTS



## Research Abstracts

AICNU has always endeavoured to maintain high scientific standards in its conferences. A scientific jury with reputed research experts as reviewers, evaluated the 60 abstracts submitted by practising Dietitians, PhD Research Scholars and postgraduate nutrition students.

## General Information

Date: 23<sup>rd</sup> & 24<sup>th</sup> September, 2022

Time & Events:

08:00 am – 09:00 am - Registration, AICNU Expo

## Special Interest Group (SIG) Session

This year we have the SIG sessions on “ADVANCES IN CRITICAL CARE NUTRITION PRACTICE” conducted by eminent international Clinicians.

Date and Time: 22nd September 2023; 01.00pm – 05.00pm

Venue: Novotel Goa Dona Sylvia Resort, Goa, India

## Registration Details :

Online Registration is open on the conference website

[www.aicnu.org](http://www.aicnu.org)



## Apollo Hospitals

Department of Dietetics

No. 21, Greams Lane, Off Greams Road, Chennai–600006.

Phone No: +91 44 28296715 / +91 9841697099

E-mail address: [support@aicnu.org](mailto:support@aicnu.org)