













Translating Evidence Based Knowledge to Clinical Nutrition Practice

4<sup>th</sup>& 5<sup>th</sup> August 2018, Chennai, India.

# **Apollo Hospitals Group**

Apollo Hospitals is the forerunner of integrated healthcare in Asia, as well as globally. The cornerstones of Apollo's legacy are its unstinting focus on clinical excellence, affordable costs, technology and forward-looking research & academics. Since inception, Apollo Hospitals has been honoured by the trust of over 50 million patients from 140 countries. At the core of Apollo's patient-centric culture is TLC (Tender Loving Care), the magic that inspires hope amongst its patients. Apollo Hospitals was among the first few hospitals in the world to leverage technology to facilitate seamless healthcare delivery through electronic medical records, hospital information systems and telemedicine-based outreach initiatives.







## **Evolution of AICNU**

The Department of Dietetics, Apollo Hospitals Group organizes an annual conference to furnish a great platform and distinct opportunity to healthcare professionals in order to highlight the latest advancements and challenges in the field of Clinical Nutrition. The success of the past 9 AICNUs at various regions in India and Srilanka had helped us accomplish and proceed in the knowledge sharing initiative.

On behalf of the organizing committee, we would like to invite you to the 10th Apollo International Clinical Nutrition Update (AICNU) 2018, which is back to chennai, India. Today's Clinical Dietitians are challenged to stay abreast of current science in an ever-changing Clinical Nutrition environment to ensure their advice is grounded in the latest evidence.

Under the theme "Enhancing Clinical Nutrition Practice", the AICNU 2018 programme will cover all areas related to clinical nutrition including but not limited to Nutrition care process, Nutrition Focused Physical Examination (NFPE), Renal, Critical Care nutrition etc.

# **Chief Patron Message**

"AICNU -2 018 - Enhancing Clinical Nutrition Practice"

Nutrition and proper diet are being viewed as the 'new medicine' to prevent and even treat several diseases. So in this rapidly advancing medical landscape, dietitians would need to provide support, greater than ever before. Hence it is critical that they continuously stay abreast of global trends and developments in the field. Since our inception 35 years ago, it has been our culture to ensure that the Clinical Nutrition teams across Apollo Hospitals work closely with the doctors to bring about a paradigm shift in patient care and deliver world class results.

Now as this forum marks a milestone of 10 years, it seemed apt to host it once again in Chennai with the pertinent theme of 'Enhancing Clinician Nutrition Practice – AICNU 2018. There is fabulous line- up of international speakers who would be coming from USA, UAE, Malaysia, Australia, New Zealand and Sri Lanka. As always, it would be houseful as well with over 500 delegates from 12 countries who would be participating to learn and share knowledge with the stalwarts and peers in the field.

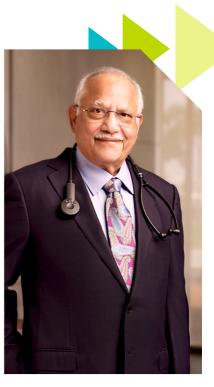
My best wishes to all and would reiterate that it has to be healthy collaboration of thoughts which help us all in nurturing a stronger, a healthier world.

God bless

# **Organising Chairperson**

Dr. Bhuvaneshwari Shankar is the Senior Consultant Dietitian, Apollo Hospitals with 36 years of experience as a Dietitian.

She has been with the Apollo Hospitals for the last 34 years and has been instrumental in raising the Clinical Nutrition standards of the Apollo Hospitals to an appreciably high level of patient rating. She had been the organising chairperson for the past 9 AICNU's.



**Dr. Prathap C Reddy**Executive Chairman
Apollo Hospitals Group



**Dr. Bhuvaneshwari Shankar** Organising Chairperson, AICNU 2018



cordially invites you to the

# 10<sup>th</sup>Apollo INTERNATIONAL CLINICAL NUTRITION UPDATE - 2018

conducted by

# **DEPARTMENT OF DIETETICS, APOLLO HOSPITALS GROUP**

on 4th August 2018, Saturday 1.00 pm at Hotel Taj Coromandel, Chennai



# **Speakers & Topics**

Speakers Name	Topic	Country
Mr. Anthony Meade	Nutrition support in Kidney disease - What should we do, why should we do it and how should we measure	Australia
Prof. Winnie Chee	Nutrition Focused Physical Examination (NFPE)	Malaysia
Ms. Varsha Asrani	Gut dysfunction in critical illness - What's the score?!	New Zealand
Prof. Nishan Sudheera Kalupahana	Nutrition in metabolic syndrome	Sri Lanka
Ms. Rachel Scrivin	Role of Nutrition in Sports Performance and Injury Prevention Sports Nutrition and Nutrition care pathway	UAE
Ms. Meena Natesan	Malnutrition in ICU; What, when and how to feed?	USA
Dr. Yatin Mehta	Critical care guidelines - Indian prespective	India
Dr. Mayur Narayan	Nutrition in Trauma	USA
Ms. Bindhu George	FODMAP Diet	UAE

# **About AICNU 2018, Chennai, India**

The Annual AICNU provides a platform to discuss and debate, explore and learn new advancements in the field of clinical nutrition related to better healthcare strategies. This conference will highlight some of the most important practical aspects of nutrition care process, NFPE, malnutrition in critical care and nutrition guidelines, renal nutrition, and nutrition in sports performance that cover prominent features of better healthcare and aims at improving the knowledge of nutrition professionals towards better clinical nutrition practice. The 10th Annual AICNU Conference 2018 is scheduled to be held at Hotel Taj Coromandel, Chennai, India, on 4th and 5th August, 2018. The scientific programme includes a wide range of lectures, symposia, abstracts sessions, discussions, and presentations related to the field of clinical nutrition.

# **Objectives**

Enhance the practical knowledge and strategies for incorporating nutrition into clinical practice

Recognize the impact of NFPE in assessing hospital malnutrition Provide a forum to enrich the dietetic profession through dialogue, learning and to showcase leading-edge practice and nutrition research

# **Theme**

"Enhancing Clinical Nutrition Practice"

## When and Where?

Date: 4th & 5th August, 2018

Venue : Hotel Taj Coromandel, Nungambakk am, Chennai, Tamil Nadu 600034 / Phone: 044 6600 2827

We are confident that the 10th AICNU will be the International destination to exchange nutrition expertise.









#### **Patrons**

#### **Chief Patron**

## **Dr. Prathap C. Reddy**

Executive Chairman, Apollo Hospitals Group

#### **Patrons**

#### **Dr. Preetha Reddy**

Vice Chairman, Apollo Hospitals Group

#### **Ms. Suneeta Reddy**

Managing Director, Apollo Hospitals Group

#### Ms. Shobana Kamineni

Vice Chairman, Special Initiatives Apollo Hospitals Group

#### **Ms. Sangita Reddy**

Joint Managing Director, Apollo Hospitals Group

#### **Organising Chairperson**

#### **Dr. Bhuvaneshwari Shankar**

Senior Consultant Dietitian, Apollo Hospitals Chennai

#### **Organising Committee**

All the Lead Clinical Dietitians of Apollo Hospitals Group



#### **Research Abstracts**

AICNU has always endeavoured to maintain high scientific standards in its conferences and the scientific committee comprising internationally reputed research experts as reviewers, to evaluating the 100 abstracts submitted by practising Dietitians, PhD Research Scholars and postgraduate nutrition students.

#### **General Information**

Date: 4th August 2018 Time & Events: 10am - 12 Noon - Registration, AICNU Expo &

E-Poster Hub opens
12Noon - 1pm - Networking Lunch
1pm - 1.30pm - Inauguration

#### **Special Interest Group (SIG) Session**

This year we have SIG session on "Nutrition Focused Physical Examination (NFPE)" conducted by Prof. Winnie Chee, Dean, International Medical University, Malaysia.

Date and Time: 4th August 2018, 6.30pm - 8.30pm Venue: Hotel Taj Coromandel, Chennai

# **Registration Details:**

Online Registration is open on the conference website **www.clinicalnutritionupdate.in** 



# **Apollo Hospitals**

## **Department of Dietetics**

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