







# 14<sup>th</sup>Apollo INTERNATIONAL CLINICAL NUTRITION UPDATE - 2022



Translating Evidence Based Knowledge to Clinical Nutrition Practice

23<sup>rd</sup> & 24<sup>th</sup> September, 2022

EAR OF CLINICAL DIETETICS - EVIDENCE, ACADEMICS AND RESEARCH

# **Apollo Hospitals Group**

Apollo Hospitals has emerged as Asia's foremost integrated healthcare services provider and has a robust presence across the healthcare ecosystem. The cornerstones of Apollo's legacy are its unstinting focus on clinical excellence, affordable costs, modern technology and forward-looking research & academics. Apollo Hospitals was among the first few hospitals in the world to leverage technology to facilitate seamless healthcare delivery through electronic medical records, hospital information systems and telemedicine-based outreach initiatives. Since its inception, Apollo Hospitals has been honoured by the trust of over 150 million individuals who came from 140 countries. At the core of Apollo's patient-centric culture is TLC (Tender Loving Care), the magic that inspires hope amongst its patients.

### **Evolution of AICNU**

The Department of Dietetics, Apollo Hospitals Group organizes an annual conference to furnish a great platform and distinct opportunity for Dietetic professionals in order to highlight the latest advancements and challenges in the field of Clinical Nutrition. The success of the past thirteen AICNUs at various states of India and Sri Lanka has helped us accomplish and proceed in the knowledge sharing initiative.

On behalf of the AlCNU organizing committee, it gives us immense pleasure to invite you to the temple city of Bhubaneswar, Odisha for the 14<sup>th</sup> AlCNU 2022. The field of clinical nutrition is very dynamic due to the continuous translational research, hence making it a challenge for Clinical Dietitians to practice effectively. The increasing scientific evidence on the significance of medical nutrition therapy for disease prevention and treatment calls for the Clinical Dietitians to be effective knowledge managers.

The theme of AICNU 2022 - "EAR of Clinical Dietetics - Evidence, Academics and Research" will encompass many facets related to Clinical Nutrition.





### **Patrons**

### **Chief Patron**

# **Dr. Prathap C. Reddy**

Founder & Chairman, Apollo Hospitals Group

#### **Patrons**

### **Ms. Preetha Reddy**

Executive Vice Chairperson, Apollo Hospitals Group

### **Ms. Suneeta Reddy**

Managing Director, Apollo Hospitals Group

### Ms. Shobana Kamineni

Executive Vice Chairperson, Apollo Hospitals Group

### **Ms. Sangita Reddy**

Joint Managing Director, Apollo Hospitals Group

#### **Advisors**

### **Dr. K. Hari Prasad**

President, Apollo Hospitals Group

### **Dr. Anupam Sibal**

Group Medical Director, Apollo Hospitals Group

### **Organising Secretaries**

Ms. Anita Jatana Dr. Daphnee D K

### **Joint Organising Secretary**

**Ms. Sunita Sahoo** 

### **Core Organising Committee**

Ms. Ramya.S

Ms. Harita Shyam.B

**Dr. Priyanka Rohatgi** 

Ms. Babita Hazarika

Ms. Lekha.V.S

Ms. Champa.V

**Ms. Varsha Gorey** 

### **Organising Committee**

All Lead Clinical Dietitians of Apollo Hospitals Group

# **About AICNU 2022, Bhubaneshwar, Odisha, India**

The Annual AICNU provides a platform to deliberate, debate and discuss current challenges and learn new advancements to excel in the field of clinical nutrition. This conference will highlight some of the key practical aspects of Critical Care, Renal, Diabetes, Metabolic Syndrome, Neurology, Oncology and Clinical Nutrition Research, that will help enhance clinical nutrition practice by improving the knowledge of nutrition professionals towards better healthcare of India. The 14<sup>th</sup> Annual AICNU Conference 2022 is scheduled to be held at Hotel Taj Vivanta, Bhubaneshwar, Odisha, India, on 23<sup>rd</sup> & 24<sup>th</sup> September, 2022. The scientific program includes a wide range of lectures, symposia, research abstracts sessions, discussions, and presentations related to the field of clinical nutrition.

# **Objectives**

To upgrade and update the practical knowledge of Nutrition and Dietetic professionals based on Evidence, Academics and Research and to improve clinical nutrition practice and clinical outcomes.

### **Theme**

"EAR of Clinical Dietetics - Evidence. Academics and Research"

## When and Where?

Date: 23<sup>rd</sup> & 24<sup>th</sup> September, 2022

Venue : Hotel Taj Vivanta, Bhubaneshwar, Odisha, India

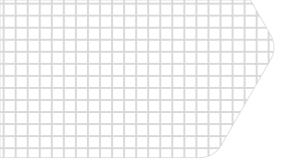
We are confident that the 14<sup>th</sup> AICNU will be the International destination to exchange nutrition expertise.

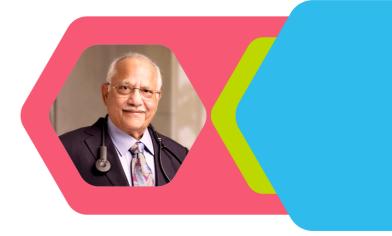
# LEARN FROM DYNAMIC EXPERTS

OPPORTUNITIES TO NETWORK

**STAY ABREAST** 







# **Chief Patron Message**

### AICNU - 2022 - "EAR of Clinical Dietetics - Evidence, Academics and Research"

In my six-decade career as a clinician, I have observed and firmly believe that even the most seemingly insurmountable obstacles can be overcome, with resolute determination and persistence. Therefore, my commendations to all at AICNU - the organizing committee, the faculty and delegates for taking the time to stay abreast of ever-changing concepts in clinical nutrition and therein, raising the bar in nutritional excellence.

My appreciation to the entire faculty and 500+ delegates from India and neighbouring countries for their participation in AICNU 2022.

In light of the unprecedented increase in the prevalence of non-communicable diseases (NCDs), our collective war must be directed towards combating malnutrition. This is important, as nutritional care is vital for prevention and has also been observed to be effective in improving disease prognosis and outcomes.

Like always, this year too, the 14<sup>th</sup> edition of AICNU has a very pertinent theme -"EAR of Clinical Dietetics - Evidence, Academics and Research". An esteemed faculty and innovative scientific sessions promise to make this edition too, a not to miss opportunity for Clinical Dietitians and Nutritionists. It is well poised to be a robust platform to learn about the recent trends in medical nutrition therapy, targeted nutritional interventions to bridge gaps and shape best practice guidelines.

You must bear in mind that your active participation will be greatly valuable to your teams, your institution and most importantly to your patients. Let us harness the power of enhanced nutrition to nurture healthier societies and a happier world.

With best personal regards,

**Dr. Prathap C Reddy** 

Founder & Chairman, Apollo Hospitals Group









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EAR of Clinical Dietetics -Evidence, Academics and Research

conducted by

# DEPARTMENT OF DIETETICS, APOLLO HOSPITALS GROUP

Date: 23<sup>rd</sup> & 24<sup>th</sup> September, 2022

Venue: Hotel Taj Vivanta, Bhubaneshwar,

Odisha, India





- Nutrition modulation for metabolic health
- GI consequences of neurological disease that is relevant to nutrition support
- The effects of a xanthan gum-based thickener on the swallowing function of patients with oropharyngeal dysphagia
- Diabetes Remission with weight loss interventions
- AKI management in critical care

**Highlights** 

- The right nutrition to delay the onset of dialysis
- Sarcopenia: Avoiding the point of NO return
- Debate: Demystifiying the facts in guidelines for Lipidemia & Glycemia
- Delivery of High Protein in Critical Care
- Basics and Beyond: Clinical Nutritional Research
- Paediatrics Obesity and its correlation to early onset of Diabetes
- Nutrition Support in Intestinal Failure
- Sleep apnea, obesity and hormonal regulation

- Dr. Andrew Ukleja, MD
- Dr. Fiji Antony
- Dr. Izabela Kerner
- Dr. Kalpana Bhaskaran
- Prof. Dr. Michael Lean
- Prof. Dr. Pere Clave'
- Dr. Raymundo F Resurreccion

# **National Faculties**

- Dr. Arpita Priyadarshini
- Dr. Bharat V. Shah
- Prof. Dr. Jayanta Kumar Panda
- Dr. Prasant Kr. Sahoo
- Dr. Subrata Dey
- Dr. Vedantha Srinivas J
- Dr. Vemula Sreekanth



### **Research Abstracts**

AICNU has always endeavoured to maintain high scientific standards in its conferences. A scientific jury with reputed research experts as reviewers, evaluated the 60 abstracts submitted by practising Dietitians, PhD Research Scholars and postgraduate nutrition students.

### **General Information**

Date: 23<sup>rd</sup> & 24<sup>th</sup> September, 2022

Time & Events:

08:00 am - 09:00 am - Registration, AICNU Expo

11:00am - E - Poster Hub opens

12:45pm - 01:45pm - Networking Lunch

# **Special Interest Group (SIG) Session**

This year we have the SIG session on "Lowering glycemic and insulinemic excursions to prevent and manage diabetes by evidence based approach" conducted by an eminent international Clinician.

**Date** : 23<sup>rd</sup> September 2022 **Time** : 06:30 pm - 08:30 pm

Venue: Hotel Taj Vivanta, Bhubaneshwar, Odisha, India

## **Registration Details:**

Online Registration is open on the conference website

www.aicnu.org



# **Apollo Hospitals**

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