

Ms. Lekha VS

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Lekha has over 17 years of Clinical Experience as a Clinical Dietitian and now specialising in Paediatric nutrition. She is involved in implementing the systems and protocols to ensure best clinical practices in Paediatric Nutrition. She is also a Faculty in Post Graduate Diploma in Dietetics and Clinical Nutrition (PGDDCN) in Apollo Medvarsity.

She is Masters in Food & Nutrition from Mysore University and completed her PG certificate in paediatric Nutrition from IGNOU.

She has published articles in Nestle / Celiac support organization Newsletters, Nutrition in disease Management (update series) and has Co-authored the chapter Diet in Luminal Gastrointestinal Disorders in Nutrition and Diet for children–Simplified.

Lekha has been involved in the release of Apollo Clinical Nutrition Manual for adults and Paediatrics, and Dietitians Pocket Books on Basics of Clinical Nutrition for Adults, Pediatrics and Beyond the Basics: Transplant Nutrition.