# A Report on 6<sup>th</sup> Apollo International Clinical Nutrition Update 9<sup>th</sup> & 10<sup>th</sup> August 2014 Bangalore



### Invite







Apollo Hospitals, the "Architect of Healthcare" has consistently led game-changing developments in healthcare by bringing to the people, the latest innovations in key medical specialities and superspecialities and in keeping with the tradition of providing outstanding healthcare of international standards.

#### About Department of Dietetics - Apollo Hospitals Group

The philosophy of our department is to establish and encourage good nutritional practices and standards as an integral part of the health care provided. We pride ourselves for our commitment; single-minded passion and going the extra mile to stay relevant and revolutionary in the field of clinical nutrition which has helped us adopt new innovations and technologies as "an approach for quality improvement to benchmark our nutrition practices".

- . The 1st Indian Hospital to have accomplished a distinct place in International Nutrition Survey (INS) 2012 in the Global map where 183 ICUs participated and Apollo Hospitals Main, Chennai and Apollo Speciality Hospitals, Madurai won the Best of Best award in Critical Care Nutrition practices.
- 10 ICU of Apollo Hospitals across India participated in INS 2013
- Nutrition Day World Wide 15 ICUs and 4 Oncology units of Apollo Hospitals across India have participated in the Nutrition day survey 2013.



Date :

Venue:

#### Past Events

The first five conferences were each a sell-out success with an average of 300 delegates in attendance. Invited speakers, delegates, and sponsors have all confirmed that this is a unique and world-class international meeting bringing together the medical, nutrition and scientific communities to explore the clinical application of the latest in nutritional and medical science.

We are delighted to invite you for the 6th Apollo International Clinical Nutrition Update 2014 (6th AICNU 2014).



through expert

vendor display.

**Patrons Message** 

#### The update focus to help attendees

. Learn to demonstrate the value of nutrition

intervention through meaningful metrics

Stay abreast of current trends and skills

needed for advanced practice, from novice

"Paediatrics to Geriatrics: Practice based Evidence in Clinical Nutrition"

#### Faculty

Theme

In addition to general and concurrent adult and pediatric sessions, there will be opportunities to network with other healthcare leaders, and visit

An impressive line-up of dynamic national and international experts will be present to explore the conference themes and their inter-relationship.

Hippocrates had acknowledged the importance of food in prevention of disease centuries ago. Nevertheless, the acknowledgement of clinical nutrition is a relatively recent phenomenon and to make up for the lost time, the pace of development in this domain has been extraordinarily rapid. Today, there is an overwhelming amount of scientific evidence to support the role of proper diet as the new medicine paradigm and furthermore, to address the burgeoning demands of disease, it is the responsibility of the entire medical fraternity to stay ahead of the curve. Apollo Hospitals has been at the forefront of battling disease within the hospitals and is increasingly taking the battle outside the physical realm of a hospital environment.

At Apollo Hospitals, our Clinical Nutrition teams work closely with the Clinical teams to bring together evidence-based care along with our signature ingredient, TLC (Tender Loving Care) in helping patients battle the disease harder and faster.

In an advancing medical landscape, dietitians will play a greater role than ever before and therefore it is critical that they continuously stay abreast of global trends and development in the field. The Clinical Nutrition Update is an annual event which addresses aspects of patient care at hospitals and also that of hospital-based nutritional intervention. In the Scientific Programme of this Update, Doctors and Dietitians will address medical and nutritional requirements of different clinical conditions. The event faculty includes distinguished National and International Physicians, Surgeons, Pediatricians, Intensivists, Dietitians and Clinical Nutritionists, experts in the field.



Dr. Prathap C. Reddy Executive Chairman pollo Hospitals Group

The 6th Apollo International Clinical Nutrition Update is an effort to augment the knowledge of the Dietitians by sharing the evidence-based best practices in Clinical nutrition, by exchange of ideas and knowledge between different disciplines.

We do hope that all the participants harness the immense knowledge that this forum brings forth in addressing the ever increasing and changing demands on the clinical dietitian's expertise.



Dr. Bhuvaneshwari Shankar Organising Secretary AICNU 2014

## Agenda

PR	OGRAMME AGENDA	Day - 1 9 <sup>th</sup> August 2014		
TIME	ΤΟΡΙϹ	SPEAKER		f
8.30am	Registration		TIM	E
9.30am	Current issues in childhood overweight and adiposity: a clinical and public health perspective	Prof. (Dr.) Anura V Kurpad Professor of Physiology Dr. Rebecca Raj Associate Professor & Head - Clinical Nutrition	9.00am 9.30am	
10.00am	Insights on Pre & Postoperative Nutrition	Unit, St. John Hospitals, Bangalore Dr. Reynaldo Sinamban Consultant Laparoscopic and Baritric Surgery St. Luke's Medical Centre, Phillipines	10.00am 10.15am	
10.45am	Exchange of views		11.00am	
11.00am	Marning Refreshment		11.15am	
11.15am	Nutrition in Pancreatitis	Dr. Philip Abraham Senior Consultant Gastroenterologist	11.30am	
12 Noon	Exchange of views	P D Hinduja Hospital, Mumbai		
12.15pm	Inauguration			
13.00pm	Networking Lunch		12.00Noor	ก
14.00pm	Post Surgical Complication - Nutrition Intervention in Chylothorax	<b>Dr. Parthasarathi Bhattacharyya</b> Consultant Paediatric Intensivist Apollo Hospitals, Kolkata	12.15pm 12.30pm	
14.30pm	Case Scenario	Ms. Lekha.V.S		
14.45pm	Exchange of views	Sr.Clinical Dietitian, Apollo Children Hospitals, Chennai	13.00pm	
15.00pm 15.45pm	Practical aspects of planning a Ketogenic Diet: Case Scenarios Exchange of views	Ms. Archana Rairikar Consulting Dietitian Satwa nutrition center, Pune	13.15pm	
16.00pm	Evening Refreshment		13.30pm	
16.15pm	Nutrition in Geriatrics	Dr. Anoop Amarnath Director & Consultant Geriatric Medicine	14.30pm	
16.45pm	Exchange of views	Apollo Hospitals, Bangalore		
17.00pm	Paediatric TPN Planning : Preliminary Session	Dr. Anand Alladi Senior Consultant Paediatric Surgery & Urology Apollo Hospitals, Bangalore		
		DAY - 2 Cont		

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PF	ROGRAMME AGENDA	Day - 2 10 <sup>th</sup> August 2014			
TIME	ΤΟΡΙΟ	SPEAKER			
9.00am	Best of the Best Abstracts of AICNU 2014: Oral Presentation				
9.30am	Nutrition Support in Cancer	Prof. (Dr). Mohandas K Mallath Department of Digestive Diseases Tata Medical Center, Kolkata			
10.00am	Exchange of views	Tata Medicai Center, Koikata			
10.15am	Evolution of Diabetes Medical Nutrition Therapy: Updates on guidelines & New Insights	Ms. Sylvia See Way LAM Senior Registered Dietitian Hongkong			
11.00am	Exchange of views				
11.15am	Morning Refreshment				
11.30am	How critical is Critical care nutrition?	Dr. Ravindra M Mehta Senior Consultant Interventional Pulmonology Critical Care, Sleep Medicine Apollo Speciality Hospitals, Bangalore			
12.00Noon	Case Scenario	Ms. Sandhya Singh HOD - Dietetics Apolio Speciality Hospitals, Bangalore			
12.15pm	Exchange of views	Apolio Speciality hospitals, bangalore			
12.30pm	Paediatric TPN Planning	Dr. Anand Alladi Senior Consultant Paediatric Surgery & Urology			
13.00pm	Case Scenario	Apollo Hospitals, Bangalore <b>Dr.Priyanka Rohatgi</b> Chief Clinical Dietitian and HOD (Dietetics)			
13.15pm	Exchange of views	Apollo Hospitals, Bangalore			
13.30pm	Networking Lunch				
14.30pm	Clinical Nutrition Quiz by Dr. N. Ramakrishnan, Dr. Sa Note: Preliminary test for quiz selection will be done of				

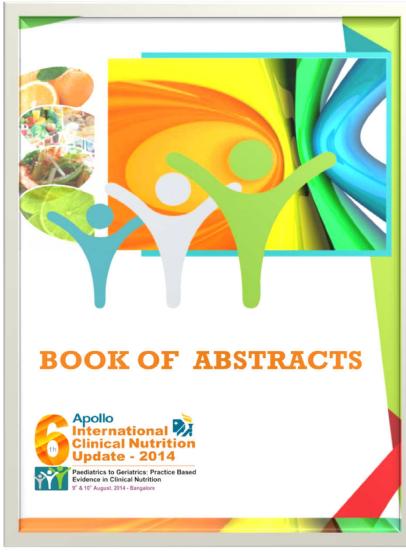
Apollo

#### Inauguration





#### **AICNU Abstract Souvenir Release**





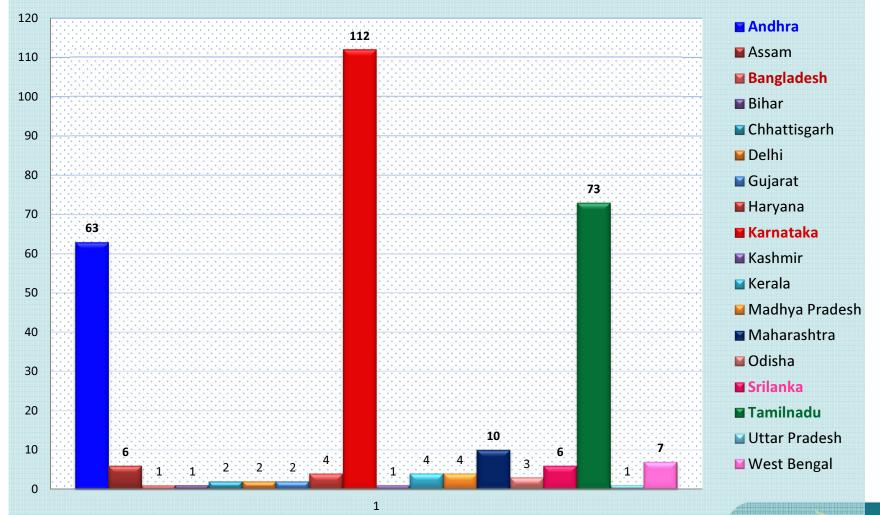
#### **Participation in AICNU 2014**





## **Participation in AICNU 2014**

#### AICNU - 2014 Participants Details - 302





### Faculty of AICNU 2014



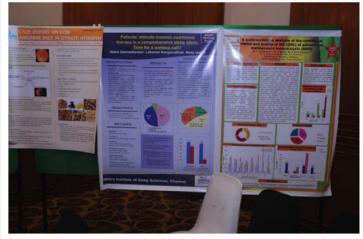


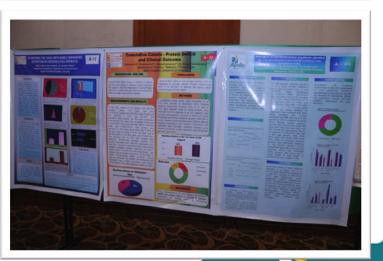




# Poster Competition AICNU 2014

- 54 posters from practicing Dietitians across India
- Prize winning Abstracts (Scientific study with a new messages) were selected for Oral Presentation:
  - Apollo Hospitals, Greams Road, Chennai
  - 2. Apollo Speciality Hospital, Teynampet, Chennai
  - 2. Apollo Hospitals, Jubili Hills, Hyderabad
  - Apollo Speciality Hospitals, Vanagaram, Chennai







#### Clinical Nutrition Quiz

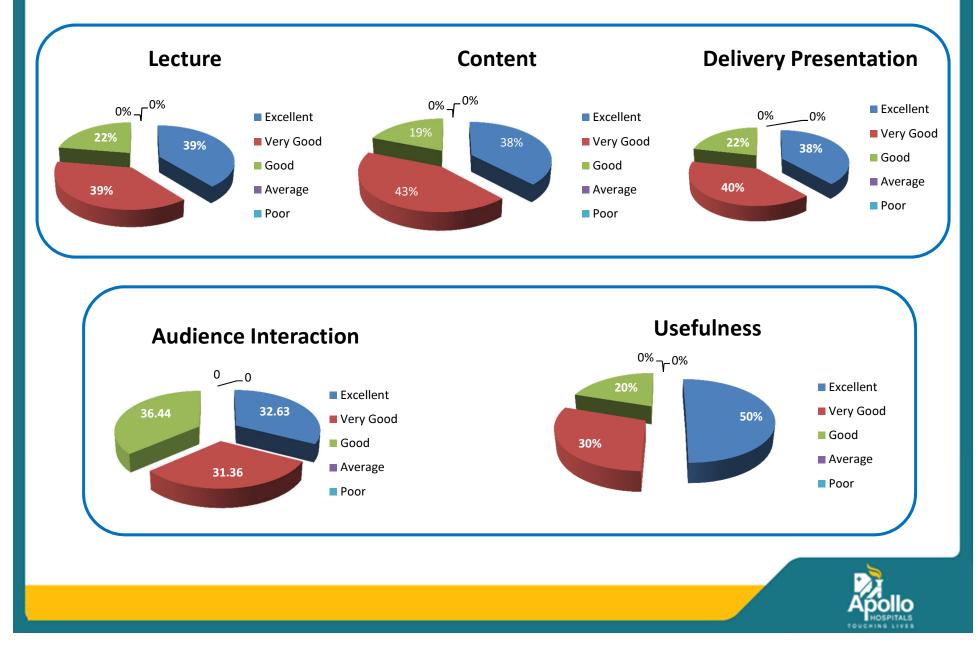
 The highlight of our AICNU - Clinical Nutrition Quiz
2014 - highly appreciated



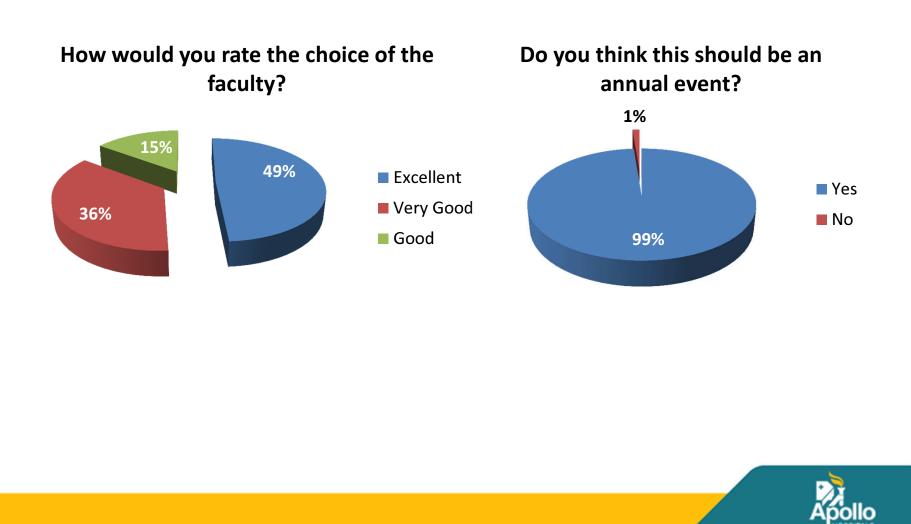




### AICNU 2014 Feedback



#### AICNU 2014 Feedback



# **THANK YOU**

