



12th Apollo INTERNATIONAL CLINICAL NUTRITION UPDATE - 2020



Translating Evidence Based Knowledge
to Clinical Nutrition Practice

12th & 13th September 2020

Apollo Hospitals Group

Apollo Hospitals is the forerunner of integrated healthcare in Asia, as well as globally. The cornerstones of Apollo's legacy are its unstinting focus on clinical excellence, affordable costs, technology and forward-looking research & academics. Since inception, Apollo Hospitals has been honoured by the trust of over 50 million patients from 140 countries. The core of Apollo's patient-centric culture is Tender Loving Care (TLC), the magic that inspires hope amongst its patients. Apollo Hospitals was among the first few hospitals in the world to leverage technology to facilitate seamless healthcare delivery through electronic medical records, hospital information systems and telemedicine-based outreach initiatives.

Evolution of AICNU

The Department of Dietetics, Apollo Hospitals Group organizes an annual conference to furnish a great platform and distinct opportunity to healthcare professionals in order to highlight the latest advancements and challenges in the field of Clinical Nutrition. The success of the past Eleven AICNUs at various regions in India and Srilanka had helped us accomplish and proceed in the knowledge sharing initiative.

On behalf of the organizing committee, we would like to invite you to the 12th Apollo International Clinical Nutrition Update (AICNU) 2020, which is to be held virtually for the first time. Today's Clinical Dietitians are challenged to stay abreast of current science in an ever-changing Clinical Nutrition environment to ensure their advice is grounded in the latest evidence.

Under the theme "Optimizing Nutrition in Health and Disease", the AICNU 2020 programme will cover all areas related to clinical nutrition including but not limited to Nutrition care in HPN, Oncology, Protein in Hospitalized patients, Critical Care and Diabetic nutrition etc.



Patrons

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Dr. Prathap C. Reddy

Executive Chairman, Apollo Hospitals Group

Patrons

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Apollo Hospitals Group

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Managing Director
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Dr. Priyanka Rohatgi

Ms. Lekha V S

Ms. Babita Hazarika

Ms. Champa V

Ms. Sunita Sahoo

Ms. Varsha Gorey

Organising Committee

**All Lead Clinical Dietitians of
Apollo Hospitals Group**



About 1st Virtual AICNU 2020

The Annual AICNU provides a platform to deliberate, debate and discuss current challenges and learn new advancements to excel in the field of clinical nutrition related to better healthcare strategies. This conference will enlighten some of the key practical aspects of Nutrition care that will help enhance clinical nutrition practice by improving the knowledge of nutrition professionals towards better healthcare of India. The 12th Annual AICNU Conference 2020 is scheduled to be held virtually, on 12th & 13th September, 2020. The scientific programme includes a wide range of lectures from eminent speakers, discussions, and presentations related to the field of clinical nutrition.

Objectives

To upgrade and update the practical knowledge of clinical nutrition professionals with strategies to optimize nutrition in health and disease.

Theme

“Optimizing Nutrition in Health and Disease”

When and Where?

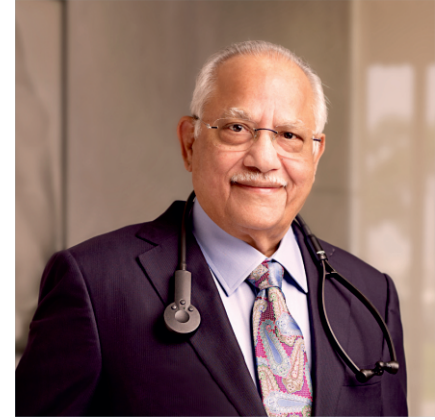
Date : 12th & 13th September, 2020.

Venue : Virtual



**LEARN FROM
DYNAMIC EXPERTS
STAY ABREAST OF
CURRENT PRACTICES**





Chief Patron Message

AICNU - 2020 - “Optimizing Nutrition in Health and Disease”

In my six-decade career as a clinician, I have never witnessed a medical crisis as pervasive as the COVID-19 pandemic. Yet, it is heartening that despite the odds, people from across the world have come together, there is a spirit of collaboration and commitment to face the adversary united, and emerge successful.

Poor nutrition and unhealthy diets are a key risk factor of NCDs and I am hopeful that new ideas will emerge in the deliberations, as they would be invaluable in our collective war against NCDs.

So, at the outset, my commendations to the AICNU organizing committee for their continued dedication to keep raising the bar in clinical nutrition. My appreciation to the entire faculty and 1000+ delegates from India and neighbouring countries for their participation in AICNU 2020.

In the interdisciplinary field of clinical nutrition, it is critical that professionals stay abreast of the ever-growing changes to understand emerging standards, current research and innovations to maintain the highest level of competence, so that every patient receives optimal nutrition support. Therefore, the 12th edition of AICNU has a very pertinent theme - Optimizing Nutrition in Health and Disease and it will assist Clinical Dietitians and Nutritionists to develop themselves as leaders and collaborators.

It is also important to note the duality of responsibility, when it is about health. We are responsible for our own health and wellbeing and also for all in our circle of influence. Bearing this in mind, as members of the medical fraternity, our foremost priority, must be to contribute to strengthening the healthcare fabric of our nations. I urge you to share and learn from AICNU 2020 to build a platform for best practices in clinical settings.

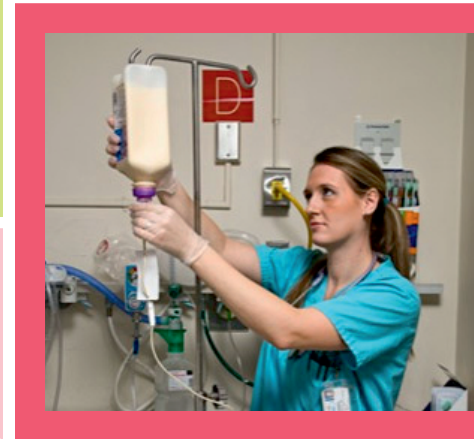
Above all, AICNU stands for powerful collaboration and the goal of this two-day virtual conference is to equip all with the new acumen as it is healthier nutrition that fuels healthier societies and together we can build a brighter tomorrow.

With best personal regards,

Dr. Prathap C Reddy

Executive Chairman
Apollo Hospitals Group





cordially invites you to the virtual inauguration of the

12th Apollo

INTERNATIONAL CLINICAL NUTRITION

UPDATE - 2020

(1st VIRTUAL AICNU)

conducted by

DEPARTMENT OF DIETETICS, APOLLO HOSPITALS GROUP

Date: 12th September 2020

Time: 10:15am - 10:45am



12th Apollo International Clinical Nutrition Update (AICNU)

1st VIRTUAL AICNU 2020, 12th & 13th September 2020

Program Agenda

Day – 1: 12 th September 2020			
Speaker Name	Country	Topic	Timing
Dr. Stephen A McClave Professor of Medicine & Director of Clinical Nutrition, University of Louisville, School of Medicine, Kentucky, United States		Constraints of COVID-19 Disease in the Delivery of Critical Care Nutrition	9:00-10:00hrs
INAUGURATION			10:15-10.45hrs
Ms. Mary Easaw Senior Lecturer, Department of Nutrition & Dietetics, International Medical university (IMU), Consultant Dietitian CVSKL Hospital, Malaysia		The Battle of Diets: Which one reduces the incidence of heart disease and reduces HbA1c?	13:00-14:00hrs
Dr. Jonathan Asprer Founder President PhiSPEN & Co-founder of PENSA, Hong Kong		Nutrition Support in Critically ill COVID patients: Asian perspective	14:30-15:30hrs
Prof. Stanislaw Klek Head of the Oncological Surgery Unit and HPN unit, Stanley Dudrick's Memorial Hospital, Skawina, Poland		Novel Approaches to Nutrition Care in patients on long-term Home Parenteral Nutrition (HPN)	16:00-17:00hrs
Day – 2: 13 th September 2020			
Dr. Andrew Ukleja Harvard Medical Faculty Physicians, Division of Gastroenterology, Beth Israel Deaconess-Milton Hospital, Boston, United States		Role of Probiotics and Protein in Hospitalized Patients	09:00-10:00hrs
Dr. Mohammad Shukri Jahit Department of Surgery, Hospital Sungai Buloh, Jalan Hospital, Selangor, West Malaysia		Nutritional Challenges & Complications in Upper GI Surgical patients	10:30-11:30hrs
Dr. Doaa Mounir Genena Professor, Department of Nutrition and Dietetics, Alexandria University, Egypt		Nutritional Strategies to Optimize Cancer Treatment Outcomes	13:30-14:30hrs
Dr. Teiji Nakamura President, Japan Dietetic Association (JDA), President, Kanagawa University of Human Services, Japan		Role of Individualized Nutrition Care Plan in patients with Diabetes	15:00-16:00hrs