



13th Apollo INTERNATIONAL CLINICAL NUTRITION UPDATE - 2021



Translating Evidence Based Knowledge
to Clinical Nutrition Practice

25th & 26th Setember, 2021 .



Apollo Hospitals Group

Apollo Hospitals is the forerunner of integrated healthcare in Asia, as well as globally. The cornerstones of Apollo's legacy are its unstinting focus on clinical excellence, affordable costs, technology and forward-looking research & academics. Since inception, Apollo Hospitals has been honoured by the trust of over 50 million patients from 140 countries. The core of Apollo's patient-centric culture is Tender Loving Care (TLC), the magic that inspires hope amongst its patients. Apollo Hospitals was among the first few hospitals in the world to leverage technology to facilitate seamless healthcare delivery through electronic medical records, hospital information systems and telemedicine-based outreach initiatives.

Evolution of AICNU

The Department of Dietetics, Apollo Hospitals Group organizes an annual conference to furnish a great platform and distinct opportunity to healthcare professionals in order to highlight the latest advancements and challenges in the field of Clinical Nutrition. The success of the past twelve AICNUs at various regions in India and Srilanka had helped us accomplish and proceed in the knowledge sharing initiative.

On behalf of the organizing committee, we would like to invite you to the 13th Apollo International Clinical Nutrition Update (AICNU) 2021, which is to be held virtually for the second time. Today's Clinical Dietitians are challenged to stay abreast of current science in an ever-changing Clinical Nutrition environment to ensure their advice is grounded in the latest evidence.

Under the theme "Care to Cure: Revitalizing Nutrition Knowledge", the AICNU 2021 programme will cover all areas related to clinical nutrition including but not limited to Nutrition care in Oncology, Chronic liver disease, Critical Care, Diabetic and Surgical nutrition etc.



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Dr. Prathap C. Reddy

Chairman, Apollo Hospitals Group

Patrons

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Apollo Hospitals Group

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Ms. Harita Shyam.B

Ms. Babita Hazarika

Ms. Lekha.V.S

Ms. Champa.V

Dr. Kajal Pandya Yeptho

Organising Committee

**All Lead Clinical Dietitians of
Apollo Hospitals Group**



About 2nd Virtual AICNU 2021

The Annual AICNU provides a platform to deliberate, debate and discuss current challenges and learn new advancements to excel in the field of clinical nutrition related to better healthcare strategies. This conference will enlighten some of the key practical aspects of nutrition care that will help enhance clinical nutrition practice by improving the knowledge of nutrition professionals towards better healthcare of India. The 13th Annual AICNU Conference 2021 is scheduled to be held virtually, on 25th & 26th September, 2021. The scientific programme includes a wide range of lectures from eminent speakers, discussions, and presentations related to the field of clinical nutrition.

**LEARN FROM
DYNAMIC
EXPERTS STAY
ABREAST OF
CURRENT
PRACTICES**

Objectives

To upgrade and update the practical knowledge of clinical nutrition professionals with strategies to assess early and optimize targeted nutritional goals.

Theme

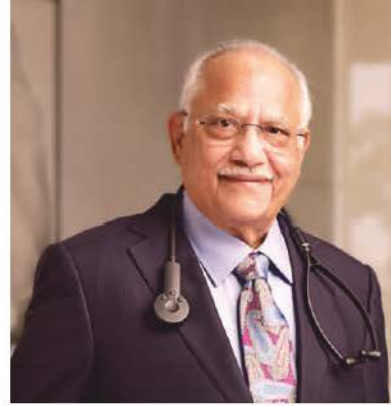
“Care to Cure: Revitalizing Nutrition Knowledge”

When and Where?

Date : 25th & 26th September, 2021.

Mode : Virtual





Chief Patron Message

AICNU - 2021 - "Care to Cure: Revitalizing Nutrition Knowledge"

The pandemic was an unparalleled and unprecedented crisis. All through, in my six-decade career as a clinician, I have never witnessed a medical calamity that caused such widespread devastation. However, amidst the gloom, it was heartening to witness the medical fraternity stand together as a force. Undoubtedly, it has been tremendous collaborative effort that has helped India tide over and we are now witnessing green shoots of recovery.

Nevertheless, we must be mindful that there is an adversary much bigger than the virus that caused the pandemic. It is the growing prevalence of non-communicable diseases (NCDs) especially in very young, barely in their twenties and thirties.

This is a great concern and as members of the medical fraternity, we must take innovative steps to arrest this problem. Unhealthy diets and lack of physical activity often are the metabolic risk factors that can lead to these chronic diseases. Therefore, in our collective war against NCDs, we must step up our focus in encouraging healthy nutrition and raising knowledge about its importance in the community.

On behalf of the Apollo family, I am pleased to convey my commendations to the AICNU organizing committee for their dedication to keep abreast of the ever-changing concepts in clinical nutrition and appreciation to the entire faculty and 1000+ delegates from India and neighbouring countries for their participation in AICNU 2021.

In the inter-professional field of clinical nutrition, it is critical that professionals understand emerging standards, current research and innovations to maintain the highest level of competence, to ensure optimal nutrition support. The 13th edition of AICNU has a very pertinent theme - **Care to Cure: Revitalizing Nutrition Knowledge** and it will assist Clinical Dietitians and Nutritionists to develop themselves as clinical experts.

I am hopeful that everyone will take the opportunity to participate in this event and learn from stalwarts in the field of clinical nutrition. The session has a superlative programme that cover recent trends in medical nutrition therapy and targeted nutritional interventions to bridge the gaps and create best practice guidelines.

Your attendance will have a positive impact on your personal and team's acumen and guide you and your institution in raising the bar in patient care.

I wish you two days of intellectual stimulation and powerful collaboration. Better nutrition fuels healthier societies; together we can build a brighter tomorrow.

With best personal regards,

Dr. Prathap C Reddy
Executive Chairman
Apollo Hospitals Group





cordially invites you to the **Virtual Inauguration** of the

13th APOLLO INTERNATIONAL CLINICAL NUTRITION UPDATE - 2021

(2nd VIRTUAL AICNU)

conducted by

DEPARTMENT OF DIETETICS, APOLLO HOSPITALS GROUP

Date: 25th September 2021

Time: 11:00am - 11:40am

