



1st to 3rd AUGUST 2025, RADISSON BLU RESORT, VISAKHAPATNAM, INDIA.

Apollo Hospitals: A Legacy of Excellence and Innovation

Apollo Hospitals has emerged as Asia's foremost integrated healthcare services provider, with a strong and dynamic presence across the entire healthcare ecosystem. The cornerstones of Apollo's enduring legacy are its unwavering commitment to clinical excellence, affordability, cutting-edge technology, and a forward-thinking approach to research and academics.

Since its inception, Apollo Hospitals has earned the trust of over 150 million individuals from more than 140 countries, a testament to its global reputation for quality and compassion. At the heart of Apollo's culture lies its unique philosophy of TLC – Tender Loving Care—a compassionate approach that not only treats illness but also inspires hope and healing in every patient.

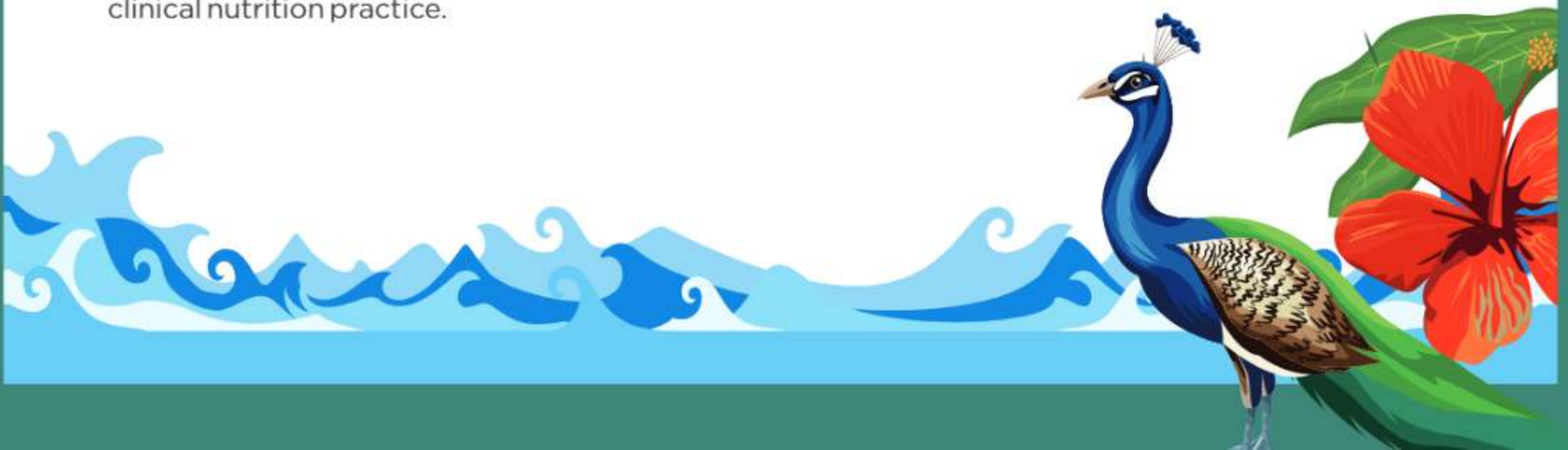
Evolution of AICNU

The Department of Dietetics, Apollo Hospitals Group, proudly organizes the Apollo International Clinical Nutrition Update (AICNU) — a distinguished platform that bridges translational research with implementation science. This annual conference presents a unique opportunity for dietetic professionals to showcase advancements, share challenges, and engage in knowledge exchange within the field of Clinical Nutrition.

Over the past sixteen editions, held across various states in India and in Sri Lanka, AICNU has grown into a respected knowledge-sharing initiative. These successful gatherings have facilitated collaboration, innovation, and professional development within the dietetics community.

This year's theme, "Enhancing, Empowering, and Evolving Practices in Clinical Nutrition," reflects the commitment to fostering professional growth, promoting best practices, and addressing ongoing challenges in the optimization of health outcomes.

Looking forward to your participation in AICNU 2025 and to collectively shaping the next era of clinical nutrition practice.





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Apollo Hospitals Group

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**All the Lead Clinical Dietitians
of Apollo Hospitals Group**



About AICNU 2025, Visakhapatnam, Andhra Pradesh, India

The Apollo International Clinical Nutrition Update (AICNU) serves as a premier platform for dialogue, knowledge exchange, and professional development in the field of clinical nutrition. AICNU 2025 continues this legacy by bringing together leading experts, practitioners, and researchers to deliberate on current challenges, explore emerging advancements, and drive progress in clinical nutrition practice.

Designed to elevate professional competencies, every session at AICNU 2025 is curated to support continuous learning and skill enhancement. As an interdisciplinary scientific forum, AICNU attracts internationally recognized experts who share cutting-edge insights and practical experiences in nutrition and health.

This year's conference will provide invaluable opportunities for participants to engage with global thought leaders in nutrition science and gain practical knowledge across key focus areas such as Sarcopenia, Intestinal Failure, Surgical Nutrition, Oncology Nutrition, and Non-communicable diseases. These sessions aim to empower nutrition professionals with the tools and understanding necessary to improve patient outcomes and advance healthcare delivery in India and beyond.

Set in the scenic city of Visakhapatnam, Andhra Pradesh, AICNU 2025 promises an enriching and collaborative experience for all committed to advancing the science and practice of clinical nutrition.



Chief Patron Message

The future is ours to shape, guided by a shared vision, driven by purposeful action, and grounded in an unshakable commitment to healing. In healthcare, every advancement must arise from a deep sense of responsibility, guided by compassion, informed by science, and measured by the lives we are able to transform.



The Apollo International Clinical Nutrition Update (AICNU) stands as a meaningful step in advancing this agenda. Now in its 17th year, AICNU brings together more than 600 delegates and an outstanding global faculty, offering a platform for rigorous exchange, emerging insights, and the continuous evolution of best practices in medical nutrition therapy. Since its inception, AICNU has brought together over 8,000 professionals from 12 countries, emerging as a leading platform at the intersection of translational research and implementation science.

To every nutritionist and dietitian participating in this year's conclave, I extend my deepest appreciation and encouragement. Your work matters. Your expertise and commitment are shaping lasting changes and carry the promise to transform healthcare into a more holistic, sustainable, and compassionate experience for all. You are not only contributors to care—you are catalysts for change.

This is a time for resolve and renewal, so let us harness the full power of clinical nutrition, not only to support recovery, but to lead the way in reimagining health itself. Through continued learning, collaboration and shared purpose, we can move closer to a future where care is proactive, personalised, and profoundly human. So, let us move forward together with clarity of vision and strength in our unity, as this event is a reaffirmation of our enduring commitment to a healthier, stronger world. Finally, looking ahead, our shared goal remains steadfast—ensuring good health for people across the world, aligned with the vision I hold for the future - Health, Happiness @ Home (HH@H).

With best wishes,

A handwritten signature in black ink, appearing to read 'Prathap C Reddy'.

Dr. Prathap C Reddy

Founder & Chairman, Apollo Hospitals Group





cordially invites you to the

AICNU 2025

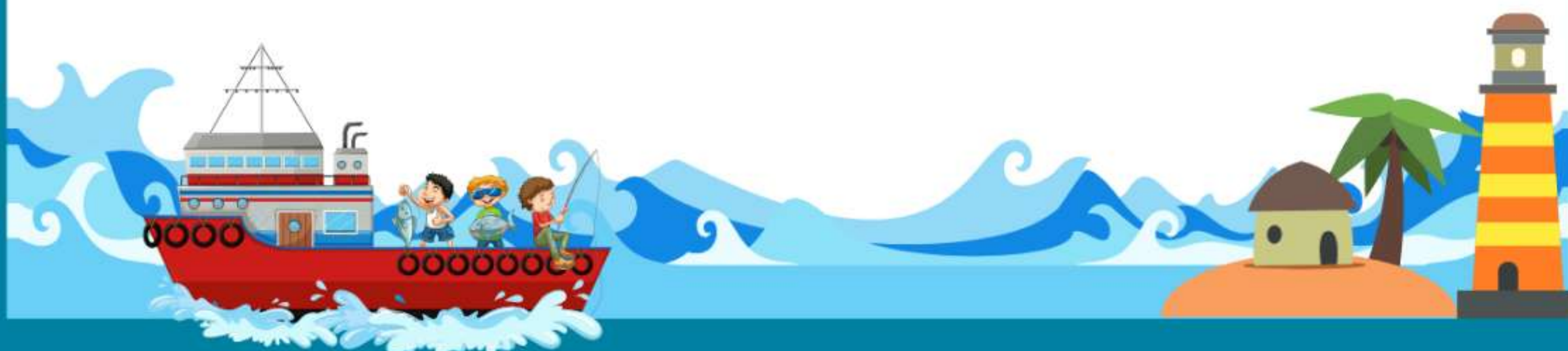
**17th APOLLO
INTERNATIONAL
CLINICAL NUTRITION
UPDATE - 2025**

conducted by

**DEPARTMENT OF DIETETICS,
APOLLO HOSPITALS GROUP**

Date : 1st to 3rd August, 2025

Venue : Radisson Blu Resort, Visakhapatnam, Andhra Pradesh, India



17th Apollo International Clinical Nutrition Update

1st to 3rd August 2025, Radisson Blu Resort, Visakhapatnam, India.

PRE-CONFERENCE SPECIAL INTEREST GROUP (SIG) SESSION


(Limited seats only)

1st August 2025, 12.30pm to 5.00pm

SIG Session 1: Muscle Matters - Understanding and Evaluating Sarcopenia (12.30pm to 3.00pm)

Topic	Faculty	Country
<ul style="list-style-type: none">Sarcopenia: Definition, Pathophysiology, and Clinical RelevanceSkeletal Muscle Mass and its evaluationAssessment of Skeletal Muscle Function and Physical FunctioningCase Discussion, Hands-On Practice and Q&A	Dr. Sucharita Sambashivaiah Professor and Head, Division of Clinical Physiology, Department of Physiology, St. John's Medical College, Bangalore.	
Hospital acquired malnutrition and strategies for sarcopenia management	Dr. Sharon Carey Manager, Nutrition and Dietetics & Intestinal Failure Service Lead Royal Prince Alfred Hospital, Australia.	

3:00pm - 3:30pm

Beyond the Plate: The Clinical Relevance of the Farm to Fork Journey	Dr. Ashok Dalwai Co-Chairman, ICFA, Chairman, Institute for Social and Economic Change (ISEC), Bengaluru, Chairman, Karnataka State Agriculture Price Commission, Chairman, CDAC, SEBI, Mumbai, India.	
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SIG Session 2: Eat to Outlive - Functional Nutrition Strategies for Longevity (3.30pm to 5.00pm)

Longevity Metrics You Can Measure & Modulate	Dr. Manjiri Chandra Nutritional Medicine Senior Consultant - W health Ventures and Max Healthcare.	
Functional Nutrition for Longevity	Dr. Sunita Kaur Ahluwalia Regenerative Medicine, Walia Wellness Clinic, Kuala Lumpur, Malaysia.	

Partners in Progress: Medical Nutrition Industry Insights (5:00pm - 6:00pm)

17th Apollo International Clinical Nutrition Update

1st to 3rd August 2025, Radisson Blu Resort, Visakhapatnam, India.

"Enhancing, Empowering and Evolving Practices in Clinical Nutrition"



Programme Agenda

AICNU 2025 DAY 1 : 2 nd August 2025			
Time	Topic	Faculty	Country
09:00am - 09:45am	Individualized Nutrition Strategies in Intestinal Failure: From Hospital to Home	Dr. Lisa Mary Sharkey Associate Clinical Professor, Gulf Medical University, Director, Intestinal rehabilitation Centre, Kings College Hospital, Dubai, UAE.	
09:45am - 10:15am	Let's talk about Dietetics Errors	Dr. Anupam Sibal Group Medical Director, Apollo Hospitals Group, India.	
10:15am - 10:45am	Artificial Intelligence (AI) in Healthcare	Dr. Madhu Sasidhar President & CEO - Hospitals Division, Apollo Hospitals Group, India.	
10:45am - 11:15am	INAUGURATION		
11:15am - 11:45am	Morning Refreshment		
11:45am - 12:05pm	Keynote address : Consensus statement on diet, exercise and drugs for Fatty Liver in Indians with Type 2 Diabetes	Dr. Anoop Misra Executive Chairman, Fortis C-DOC Hospital, India.	
12:05pm - 01:00pm	Award Winning Oral Presentations - Clinical Dietitian & PhD Categories (Parallel Sessions)		
01:00pm - 2:00pm	Networking Lunch		





2:00pm - 2:45pm	Barriers in starting early feeds in PICU	Dr. Anjul Dayal Senior Consultant, Pediatric Intensivist, Ankura Hospital, Gachibowli, Hyderabad, India. 
2:45pm - 3:15pm	From Flare to Recovery: Evolving Nutrition Strategies in IBD Management	Dr. Shanthi Krishnaswamy Senior Lecturer, Department of Dietetics, Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia. 
3:15pm - 3:45pm	Leaky Gut: Causation, Clinical Presentation and Treatment	Dr. Sunita Kaur Ahluwalia Regenerative Medicine, Walia Wellness Clinic, Kuala Lumpur, Malaysia. 
3:45pm - 4:30pm	Award Winning Oral Presentations - Clinical Dietitian Category & Poster Tour Presentation (Parallel Sessions)	
4:30pm - 5:00pm	Evening Refreshment	



AICNU 2025 DAY 2 : 3rd August 2025

Time	Topic	Faculty	Country
09:00am - 09:45am	Moderator: Ms.Shreyasi Agarwal , CEO, Indian Chambers of Food and Agriculture, India		
	Nutrition Therapy in Obesity: From Traditional Wisdom to Modern Science	Dr. M.A. Shekar Vice Chancellor, Adichunchanagiri University, Nagamangala, Mandya District, Karnataka, India.	
09:45am - 10:30am	Fueling Recovery: Nutrition in Prehabilitation and Rehabilitation – Where are we?	Dr. Sharon Carey Manager, Nutrition and Dietetics & Intestinal Failure, Service Lead, Royal Prince Alfred Hospital, Sydney, Australia.	
	Moderator: Dr. Sushil Jain , Medical Superintendent, Apollo Rajshree Hospitals, Indore, India.		
10:30am - 11:30am	Beyond Silos: Evolving Multidisciplinary Approaches in Clinical Nutrition Practice	<p>Doctor: Dr. V. Dedeepiya Devaprasad Senior Consultant, Critical Care Medicine, Apollo Cancer Centre, Chennai, India.</p> <p>Nursing: Dr. Sneha Vaidya Regional Nursing Director - Western, Apollo Hospitals Enterprise Limited, Navi Mumbai, India.</p> <p>Pharmacy: Dr. Sanjeev Sharma Clinical Pharmacologist, Indraprastha Apollo Hospital and Medical Advisor at Apollo Research and Innovations, India.</p> <p>Operations: Mr. Gaurav Loria Senior Vice President & Group Head Operations & Experience, Hospitals Division, Apollo Hospitals Group, India.</p> <p>Nutrition: Dr. Esther Sathiaraj Head - Clinical Nutrition, Health Care Global, Bengaluru, Karnataka, India.</p>	



11:30am - 12 Noon	Systemic Interplay: Linking Skeletal Muscle Dysfunction to Respiratory, Metabolic, and Oncological Disorders	Dr. Sucharita Sambashivaiah Professor and Head of the Division of Clinical Physiology, Department of Physiology, St. John's Medical College, Bengaluru, India.	
Oncology Bundle			
12 Noon - 1pm	Moderator: Dr. Atchyuth R Gongada Senior Consultant & Head of the Department, Intensive Care & Anesthesiology, Apollo Cancer Centers, Visakhapatnam, India.		
12 Noon - 12:20pm	Neutropenic Diet - A Hematooncologist's Perspective: Evidence and Practice	Dr. Rakesh Reddy Boya Senior Consultant, Medical & Hemato Oncology, BMT Physician, Coordinator - Medical Oncology, Apollo Cancer Centers, Visakhapatnam, India.	
12:20pm - 12:45pm	Tailoring Nutritional Supplements for managing Oncology-related side effects and clinical conditions	Dr. Sunita Premlatha K Chief Dietitian, Yashoda Hospitals, Somajiguda, Hyderabad, Telangana, India.	
12:45pm - 1:05pm	Dietary Diversity and Nutritional Resilience in Pediatric Oncology: A Global Perspective	Dr. Shiny Lizia Manohar IARC Postdoctoral Fellow, Nutrition and Metabolism Branch, International Agency for Research on Cancer / World Health organization (IARC/WHO), France.	
1:05pm - 1:15pm	Closing Ceremony & Presentation of Awards		
1:15pm - 1:20pm	Vote of Thanks		
1:20pm - 2:20pm	Lunch		





Research Abstracts

AICNU has consistently upheld high scientific standards over the years. This year, a distinguished scientific jury—comprising esteemed researchers and subject matter experts—reviewed over 100 abstracts submitted by practicing dietitians, PhD scholars, academicians, and postgraduate students in the field of nutrition.

General Information

Venue: Radisson Blu Resort, Visakhapatnam, Andhra Pradesh, India

Special Interest Group (SIG) Sessions

Date and Time : 1st August 2025; 12.00pm – 06.00pm

SIG Session 1: Muscle Matters - Understanding and Evaluating Sarcopenia (12.30pm to 3pm)

SIG Session 2: Eat to Outlive - Functional Nutrition Strategies for Longevity (3.30pm to 5.00pm)

Partners in Progress: Medical Nutrition Industry Insights (5:00pm - 6:00pm)

Conference Date : 2nd & 3rd August, 2025

Registration : 2nd August, 2025; 08.00am to 09.00am

Conference : 2nd August, 2025; 09.00am to 05.00pm

3rd August, 2025; 09.00am to 02.00pm

Registration Details:

Online Registration is open on the conference website **www.aicnu.org**





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